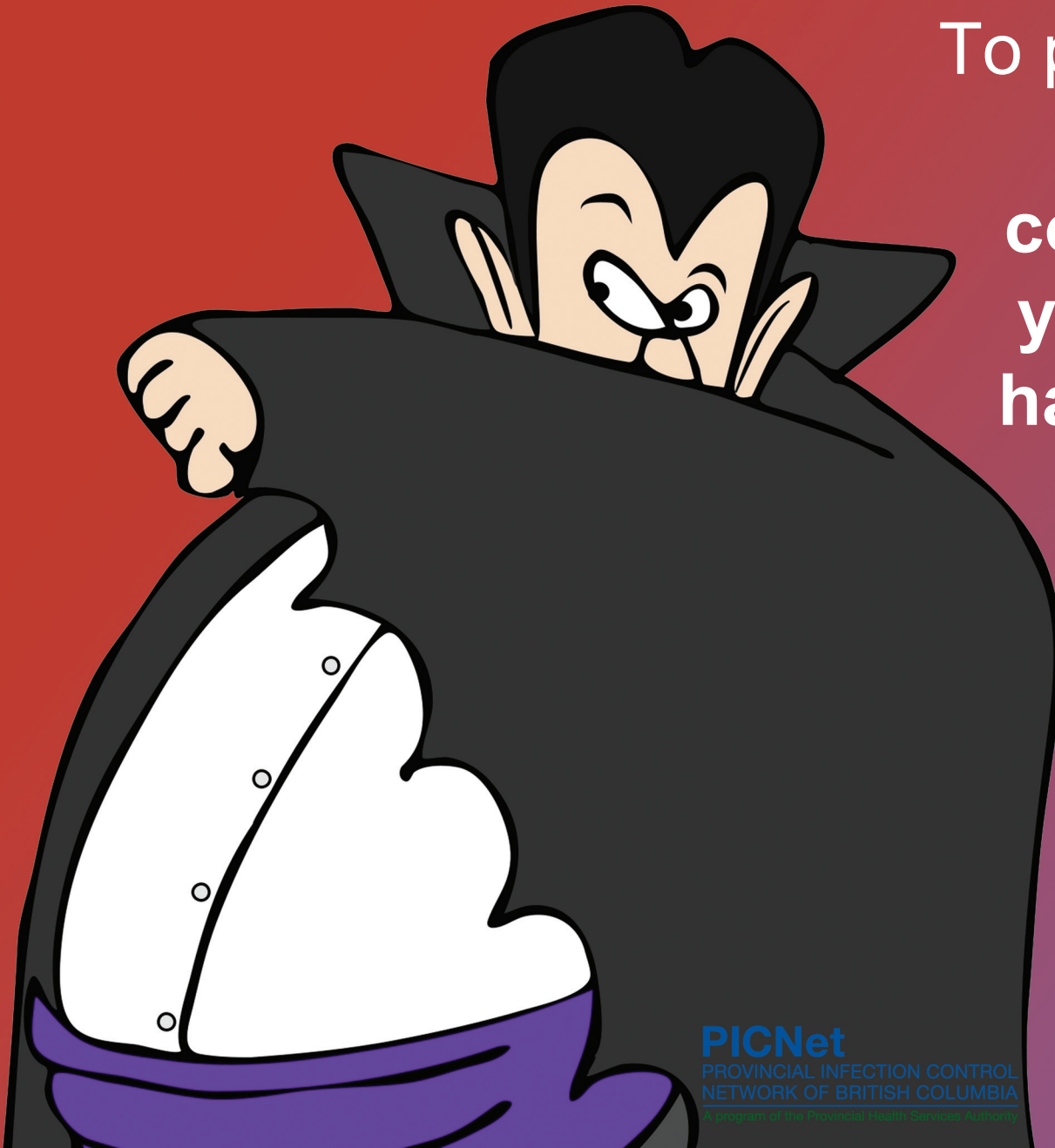


SNEEZE LIKE A VAMPIRE!



To prevent the spread of colds and the flu, **cough or sneeze into your elbow, not your hand** (because hands spread germs!)

If you cough, sneeze, or blow your nose into a **tissue**, dispose of the tissue, then **clean your hands** with sanitizer or soap and water (because germs can get through the tissue!)