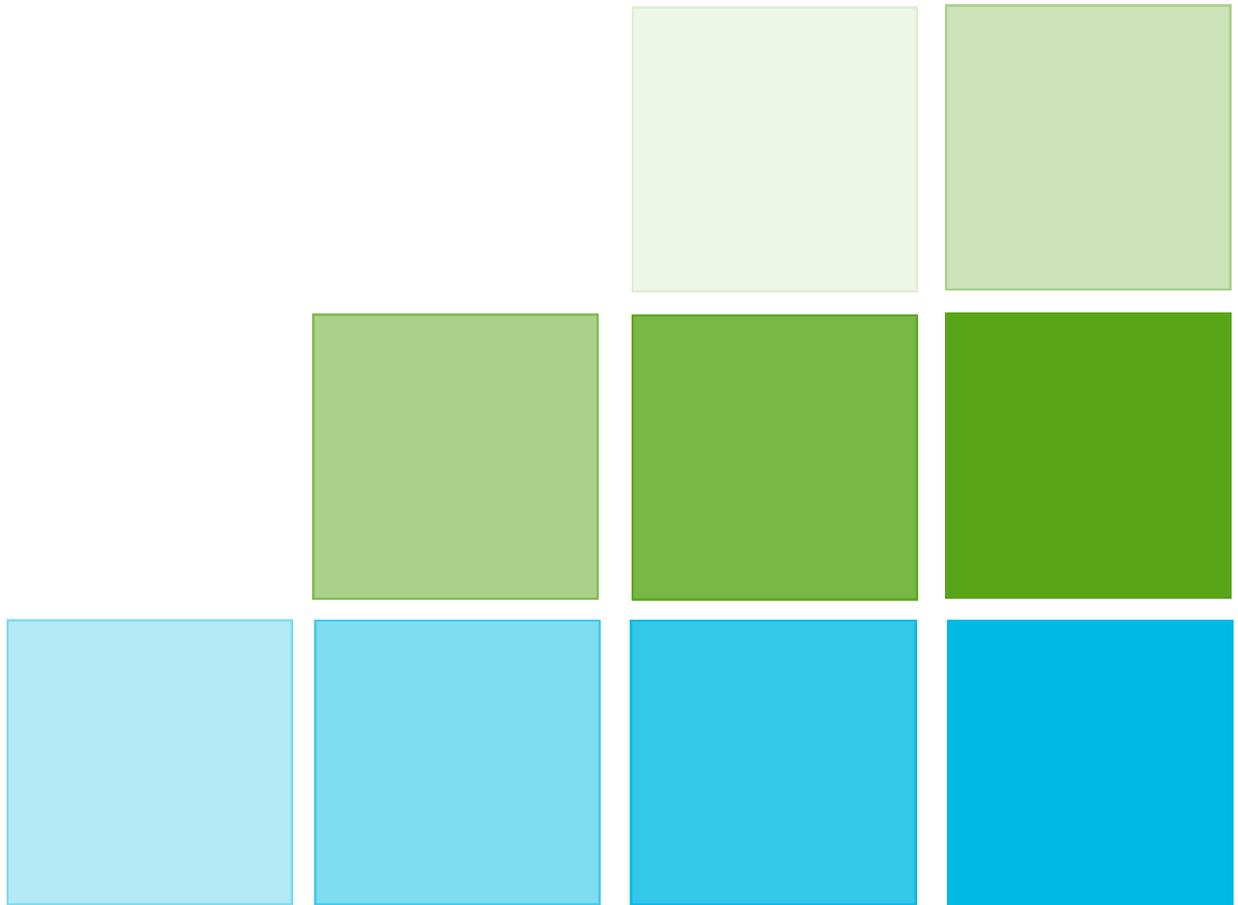


Rise to the Occasion

An Infection Control Week Idea Primer



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2013

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Happy Infection Control Week!

Regardless of where you are involved in Infection Prevention and Control (IPAC), the work you do saves lives!

Infection Control Week is an annual opportunity to acknowledge the important work you do everyday and to share information regarding IPAC with colleagues, clients, and community members. The Regional Infection Control Networks (RICNs) of Public Health Ontario (PHO) are pleased to provide you with some ideas about how you might celebrate Infection Control Week.

The key to a successful Infection Control Week at your facility lies in the provision of activities that will help you maintain a high level of interest from your target audience. In order to do this there are several things you need to consider. These include awareness of:

- Your target audience;
- Why your organization should participate in Infection Control Week activities; and
- What you anticipate will be achieved as a result of your organization's involvement in Infection Control Week activities.

The success of your activities and celebration will increase with the number of people who participate. You do not need to be an Infection Prevention and Control Practitioner (IPCP) to be involved in the planning and implementation of these activities. The only requirement is an interest in supporting and celebrating infection prevention and control practice.

The ideas contained within the covers of this resource have been collected from a number of sources: Community and Hospital Infection Control-Canada (CHICA-Canada), The Association for Professionals in Infection Control and Epidemiology (APIC), and the creative IPCPs who submitted their innovative ideas to the RICNs in past years. Please adopt these activities as your own and modify them to your setting. Your RICN is always delighted to hear about your Infection Control Week celebration!

On the following pages of this resource, you will find a reference list that will enable you to quickly and easily find the activity that best fits your needs.

For more information on National Infection Control Week please visit www.chica.org



Find the Perfect Activity for Your Infection Control Week Celebration!	Contest	For Groups	For Individuals	For Learning	For Fun	Done in 1 Day	Done Over a Period of Time	Physical Energizer	For Presentations	Any Time
1. Get into the Spirit	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>			<input type="radio"/>			<input type="radio"/>
2. Hand Hygiene “Tattle-Tale”			<input type="radio"/>				<input type="radio"/>			<input type="radio"/>
3. Name These Clean Hands	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			<input type="radio"/>
4. Teach People to Cough		<input type="radio"/>		<input type="radio"/>		<input type="radio"/>			<input type="radio"/>	
5. Flu Crew		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>			<input type="radio"/>
6. Living Commitment to Hand Hygiene			<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			<input type="radio"/>
7. Sing It	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>		<input type="radio"/>			<input type="radio"/>
8. Haute Couture			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			<input type="radio"/>	
9. Dueling Hand Washers	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Wash Up	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>				<input type="radio"/>
11. Kudos to You		<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>				<input type="radio"/>
12. Stick ‘Em Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			<input type="radio"/>			<input type="radio"/>
13. Colour Me Happy	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>		<input type="radio"/>			<input type="radio"/>
14. IPAC Fast Facts			<input type="radio"/>	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
15. IPAC BINGO	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>
16. Come One, Come All		<input type="radio"/>		<input type="radio"/>		<input type="radio"/>				
17. Caught Red Handed			<input type="radio"/>	<input type="radio"/>		<input type="radio"/>			<input type="radio"/>	
18. Masked Germ Busters	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			<input type="radio"/>
19. To Wash or Not to Wash...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>				<input type="radio"/>
20. It’s the Most Wonderful Time of the Year		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>			
21. Tour de PPE	<input type="radio"/>	<input type="radio"/>			<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Find the Perfect Activity for Your Infection Control Week Celebration!	Contest	For Groups	For Individuals	For Learning	For Fun	Done in 1 Day	Done Over a Period of Time	Physical Energizer	For Presentations	Anytime
22. Relaxation Activation			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>				<input type="radio"/>
23. Spot the Problem	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>			<input type="radio"/>
24. Extra! Extra! Read All About It!			<input type="radio"/>	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
25. Keep it on the Down Low	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>		<input type="radio"/>			<input type="radio"/>
26. Mr. Dress Up			<input type="radio"/>		<input type="radio"/>	<input type="radio"/>				
27. IPAC Scavenger Hunt	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>					
28. IPAC Challenge	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>			<input type="radio"/>	
29. Walking IPAC Billboard			<input type="radio"/>	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
30. PPE Pals			<input type="radio"/>	<input type="radio"/>		<input type="radio"/>			<input type="radio"/>	
31. Inspiring Words	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>		<input type="radio"/>			<input type="radio"/>
32. Film Festival		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>				<input type="radio"/>
33. A Bug's Life			<input type="radio"/>		<input type="radio"/>	<input type="radio"/>			<input type="radio"/>	
34. In or Out		<input type="radio"/>		<input type="radio"/>		<input type="radio"/>			<input type="radio"/>	
35. YMCA	<input type="radio"/>	<input type="radio"/>			<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. X and O Mark the Spot	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>			<input type="radio"/>	
37. Hit the Deck	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	
38. Jar O' Germs	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>	<input type="radio"/>				<input type="radio"/>
39. Q & A	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>		<input type="radio"/>			<input type="radio"/>	
40. Hand Prints		<input type="radio"/>				<input type="radio"/>				



1. Get into the Spirit

Quick

Bulletin board decorating contest or bulletin board display

Description:

Required

Stapler, thumb tacks, tape, fabric, paper, other objects to post on the board. (Be creative!)

Materials:

If contest: prize for winning group and/or “freebies” to leave at the display or give to all contestants

Preparation:

Choose a theme and timelines. If a contest: Advertise the contest, specify timelines for decorating and judging and gather materials for decorating. If a display, decide where to display and leave for a specified time limit.

Details:

Display: A creatively designed and planned information board displayed prominently in an area of high traffic is sure to generate interest in IPAC. Plan and assemble in advance of your date and time. Consider attending the booth at peak traffic times. Incorporate user-friendliness into the design so that it is easy to understand without assistance. Ensure the font size you use is large enough to read from a distance. Be sure to include interesting pictures and other information that people will find interesting and memorable.

Contest: It’s wonderful to see people in a department working together in a creative way towards a common goal. This activity will give them the opportunity to consider their contribution to infection prevention and control in your organization and will also result in a fun, interesting display for all to enjoy and celebrate.

Variations:

- Use infection prevention and control strategies in specific departments as a theme. Each department will depict on their board how they contribute to infection prevention and control.
- Use seasonal themes: Hallowe’en (Nightmare In Patient Room), Valentine’s (your heart is in IPAC), Christmas (decorate a tree with hands), etc.
- Use dolls (PPE dress-up) or other stuffed animals or props or an IV pole dressed up as a person wearing PPE
- Pick a theme for your display board: e.g., “Outbreak Season: What You Need To Know”, “IPAC and Occupational Health: Two Peas in a Pod”
- Choose current, popular themes: e.g., vampires (needle sticks and blood spills).
- Consider collaborating with Patient Safety weeks/themes or Occupational Health. (Remember—the sky is the limit!)



Credit Valley Hospital IPCPs don up a cardboard staff member!





2. Hand Hygiene “Tattle-Tale”

- Quick Description:** People who witness other staff members performing hand hygiene ‘tell’ on them to members of the IPAC department.
- Required Materials:** Method of recognition, posters advertising the campaign.
- Preparation:** Prepare some form of distinction for being “caught in the act of hand hygiene”. Consider: a certificate, award, lapel pin, or other prize. Select and advertise a timeframe for the duration of the campaign.
- Details:** Getting the word out about this campaign to members of your organization is paramount to the success of this activity. When someone witnesses another person performing hand hygiene, they will then report it to the IPCP. The IPCP then approaches the “guilty” party and recognizes their contribution in helping prevent and control the spread of infections in your organization. A small token as a prize (such as a pin) will create an incentive for others to participate. Ideally, each person in your organization will become more conscious of their role in IPAC. They will monitor their own hand hygiene compliance, along with those of their colleagues.
- Variations:**
- Select a specific sector in the organization to monitor hand hygiene. For example, if hand hygiene compliance is an issue with your physicians, aim the campaign at monitoring their IPAC practice. Be sure to recognize and reward them for performing hand hygiene. (Staff love treats, too. Chocolate bars and candy are always popular!)





3. Name These Clean Hands

Quick Match pictures of colleagues' hands with their names

Description:

Required Camera, paper, draw prize, bulletin board/poster board, box/bag to hold ballots.

Materials:

Preparation: Take pictures of staff members' clean hands with visual clues about the identity of the person in the photo. Post the pictures on a poster board in a central location and have ballots that people can fill in with their guesses. Prepare ballots.

Details: Post numbered pictures you have taken of various staff members' hands on a poster board. Pictures should have some sort of visual 'clue' in them to help identify the staff person. For example, a nurse might hold a stethoscope or there may be patient care equipment in the background of the photo. Staff will look at the photos and write their guess on a ballot that is numbered correspondingly with the pictures. A draw for a prize could be held for all correct entries.

- Variations:**
- The difficulty level of this activity could be increased by making the 'clue' less obvious. There may be fewer correct ballots submitted. The writer of the most correct ballot could win a bigger prize for this more difficult contest.
 - Instead of using a large poster board with pictures, you could create an activity sheet with the same photographs for individual distribution using the same principles outlined above.





4. Teach People to Cough

Quick Description: Demonstration of respiratory etiquette

Required Materials: Pamphlets and posters about respiratory etiquette, tissue, alcohol based hand rub, waste basket.

Preparation: Contact local schools, community centres, retirement and long term care homes, and community agencies to set up a date and time for a presentation. (Collaborate with your local public health department to let them know about your interest in reaching your local community agencies.) Prepare an age-appropriate presentation for the group.

Details: Presenting IPAC information like hand hygiene and respiratory etiquette to groups in your community is a great way to increase their knowledge and impact their IPAC behaviours! Teach people about respiratory etiquette and the basics of infection prevention and control. Demonstrate how to cough into one's sleeve. Demonstrate coughing into a tissue followed by discarding the tissue into a waste basket and using alcohol based hand rub. Describe the application and use of alcohol based hand rub. It will be especially valuable for those who don't have a background in infection prevention and control.

Variation:

- Show the DVD clip: *"Why Don't We Do It In Our Sleeves?"* A copy is available to borrow from your local RICN library or may be viewed or purchased from the following website: www.coughsafe.com



© iStockphoto/ Sharon Barnes



Hillcrest United Church Choir in Halton Hills, Ontario learns how to clean their hands!



5. Flu Crew

Quick Description: Advertise dates and times of upcoming influenza vaccination clinics.

Required Materials: Paper, influenza immunization clinic information

Preparation: Create a small flyer with dates and times of upcoming immunization clinics (such as clinics in your organization or those planned by public health) to distribute at any fall IPAC activity you attend.

Details: Since Infection Control Week coincides with the beginning of "flu season", use the various activities you are planning to advertise information about upcoming immunization clinics to people at your organization. Be sure to include immunization clinics offered by your local public health departments as well as neighbouring public health departments for those who may live in a different public health region than where they work.



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6. “Living” Commitment to Hand Hygiene

Quick Description:

A display of hands pledging commitment to hand hygiene

Required Materials:

Multi-coloured paper, markers, pencils, pens, scissors, table for tracing and signing, and masking tape or double-sided tape.

Preparation:

Gather required materials, set up table to trace and sign hands.

Details:

Signed tracings of hands symbolize people’s commitment to hand hygiene and make unique, colourful wall art for all to enjoy.

Invite staff members to trace an outline of one or both of their hands. Ask them to sign their handiwork to show the commitment they have made to IPAC by performing hand hygiene. Stick the finished product on the wall for all to enjoy along with a phrase such as “We are committed to clean hands!”

The tree embodies power, strength, purpose, renewal, change, and beauty, and also represents the commitment of all staff members to prevent infections. (This is a “social marketing” tool.)

Variations:

- Instead of sticking the hands on the wall at random, create a tree trunk with multiple branches using brown poster paper. Stick the hands on the tree branches like leaves. This display will be eye-catching and is seasonally appropriate since Infection Control Week takes place in the fall.
- Pre-cut hands to save time for people to sign hands.
- Consider giving each person a “reward” or “thank you gift” for taking their time and showing their commitment to hand hygiene. The reward could be a bookmark or a personal sized bottle of alcohol based hand rub or hand lotion.



Wesburn Manor, Etobicoke, ON



Bob Rumball Home for the Deaf, Barrie, ON



Mississauga Halton Infection Control Network stakeholders





7. Sing It

Quick Description: A “Canadian Idol” type singing contest.

Required Materials: Song written out, singers, prizes for winners and the brave participants, auditorium or cafeteria or other setting, karaoke music or other background instrument, voting ballots (if needed), microphone (could be toy or real, depending on the setting).

Preparation: Choose a date. Book the setting. Advertise this as a challenge to all staff who like to sing. Advertise the show. The IPCP takes a favorite tune and makes up new lyrics that are in some way related to infection prevention and control.

Details: Plan show at lunch time or another time when large numbers of staff congregate. Have staff sing the same song and the audience will vote on the best by ballot or by loudest audience clapping response.

- Variations:**
- Have a lyric writing contest. Everyone has a favorite song and this is an opportunity to take that song and make up new words! Use words that have something to do with infection prevention and control
 - Choose a nursery rhyme song (or another short song) and ask people to make up lyrics to the same tune
 - Ask your local RICN to provide you with some songs. Some of the product companies have developed song books. Discover your talents!
 - Poetry contest. See #19 “To Wash or Not to Wash”

Goodbye, MRSA (To the tune of Goodbye Yellow Brick Road)

There's a bug that we don't want round here,
 We call it MRSA
 It's resistant to most of all of the drugs that are in our pharmacy
 We don't want it hanging around here
 It's something we'd like to squash
 We can stop its spread in a matter of seconds,
 And all you need to do is:
 Wash, wash your hands
 Wash,

Goodbye MRSA.
 You're a pain in a surgical site.
 Can't have you in the nares,
 Mupirocin wins us the fight.
 No hanging around on the end of those hands,
 Stay off the stethoscopes too.
 Handwashing will foil you any old time.
 It's the best that we can do.
 Wash your hands.
 Wash your hands.

Created by Jim Gauthier, MLT CIC
 PCCC Mental Health Services
 Kingston, Ontario

Fever (To the tune of "Fever" by Peggy Lee)

You'll never know how much you need me
 You'll never know how much I care
 When we forget that handwash
 The patients get a fever they can't bear
 We give them fever
 When we touch them
 Fever when we change their lines
 Fever! - In the morning
 Fever all through the night
 Misuse of antibiotics
 Diarrhea keeps them up all night
 Pseudomembranous colitis
 A little Flagyl that'll make it right
 We give them fever
 When we touch them
 Fever when we change their lines
 Fever!- In the morning
 Fever all through the night
 Fever!- In the morning
 Fever all through the night
 Fever!

Created by Grace Volkening
 Public Health Ontario Regional Infection Control Networks





8. Haute Couture

Quick Description:

Fashion show wearing personal protective equipment

Required Materials:

Personal protective equipment in various combinations for the models to wear and demonstrate, music with a strong beat, equipment to play music, outgoing people for PPE models, runway, cue cards for models and commentator.

Preparation:

Plan the fashion show. Advertise the date and time, select models and write witty commentary to share with the audience.

Details:

This is a fabulous opportunity to show off IPAC fashions and educate the audience at the same time! Choosing music with a strong beat will help create an authentic fashion show ambience. Models will show off PPE, how to wear it and how NOT to wear it, how to put it on, and how to take it off!

After recruiting models, set up a runway and gather an audience. Assign each model a combination of PPE to wear. Ensure they are aware of what they need to do, such as putting on or taking off PPE. Review proper donning/doffing technique with the models. Number the cue cards so your models will come out in order and ensure the commentator has the same set of cue cards so the model's actions correspond with the commentary. In your commentary, provide examples of when you would want to apply certain pieces of PPE (according to routine practices), as well as information about donning and doffing PPE. Celebrate your Infection Control Week in high style!

Variations:

- Invite the local paramedics to be your models!





9. Dueling Hand Washers

Quick Description: Hand washing demonstration

Required Materials: An area close to sinks, ultraviolet (UV) light product indicator (e.g., powder, lotion, liquid or oil (Glo Germ® or Glitter Bug®)), people to be involved, prize for winner, stop watch.

Preparation: Obtain UV light kit and product, advertise the opportunity to compete against colleagues and win a great prize. (Contact your local RICN for UV kits.)

Details: People will duel each other in a challenge of IPAC wit and skill in the quest to be declared the ultimate hand washer with super-human abilities to perform hand hygiene effectively. Colleagues will face off in this contest of hand washing. Apply the UV light product to the hands of contestants. Each contestant will have 15 seconds to wash their hands with soap and water and attempt to remove as much of the product from their hands as possible in that time. After 15 seconds, contestants will be asked to stop washing and dry their hands. After drying, the IPCP will judge whose hands are cleanest. That contestant will go head to head with the winner of the next round of duels. When all contestants have had a chance to participate, a winner will be declared and will receive special recognition for their accomplishments.

- Variations:**
- Ask contestants to apply the UV light lotion or gel product to their hands for 15 seconds. This is to simulate alcohol based hand rub coverage on their hands. Shine a light on their hands. This will show areas they have missed “killing the germs” on their hands. It will also show cracks and crevices in their hands which demonstrates the importance of hand care. (You can then follow up with the above hand washing duel).
 - Place people in a line. The IPCP places product on his/her hands and then shakes hands with the next person, who shakes hands with the next person and so on. The IPCP tells participants that they had just sneezed into their hand prior to shaking hands! Shine the UV light on the hands of all those who participated and see how far the “germ” travelled. You will be amazed!
 - Place UV product on a pen which people use to sign in for an inservice. Shine your UV light and follow where hands have touched.





10. Wash Up

Quick Description: A hand hygiene challenge to all health care workers!

Required Materials: Hand hygiene cards, a designated area to turn in full cards, a prize for the winner of the draw.

Preparation: Prepare a hand hygiene card to distribute to all health care workers. Select a period of time over which the challenge will take place.

Details: Distribute hand hygiene cards to all staff. Over a defined period of time, staff will observe each other in daily practice. When a person is observed by someone else to have completed hand hygiene appropriately, the observer will initial a square on the person's card. Once a person's card is filled, they can deposit the card into a designated box or area and be entered into a draw for a fantastic prize.

- Variations:**
- Challenge health care workers to observe proper use of PPE
 - Challenge health care workers to observe colleagues teaching a visitor or student about hand hygiene or the proper use of PPE
 - Use the "4 moments for hand hygiene" as per the Just Clean Your Hands program.



11. Kudos to You

Quick Description: Photographing staff practicing IPAC activities

Required Materials: Camera, poster board, creativity.

Preparation: For this activity, your camera will become your most important resource. Keep it with you while working for a few days so you can capture the moments candidly, as they happen.

Details: This activity will leave you with a great collection of images showing infection prevention and control taking place in your organization. Take your camera around with you for several days prior to Infection Control Week. Capture images of people performing hand hygiene, wearing PPE, and doing other tasks that show their effort to prevent and control the spread of infections. Create a poster collage of these images. Pictures taken this year could be re-used again next year with new ones added, or they could be used to create interest when presenting in-services.

- Variations:**
- Challenge staff to take their camera to their units and create their own collage. (Surely you have some excellent photographers amongst your staff!)
 - Create a collage contest; challenge units to compete





12. Stick 'Em Up

Quick Description: Poster contest

Required Materials: Bulletin board, an example of a poster, contest information, prize for winner.

Preparation: Prepare a poster which may inspire participants. Advertise this activity to departments and individuals in your organization. Set parameters for posters: size, timeline, where the posters will hang once finished. Consider how the posters will be judged, who will judge them and what the prize will be. You may want to recruit a sponsoring company who can help you cover any costs involved with this activity.

Details: This poster creating contest will decorate the walls of your organization and will help to create awareness of the ways various departments in your organization help to prevent and control infections. Challenge staff members to design a poster relevant to their clinical area. Posters should promote IPAC concepts and principles like hand hygiene, cleaning and disinfecting surfaces or multi-use equipment, or routine practices. Posters can hang on a 'wall of fame' or near the corresponding clinical area.

- Variations:**
- Invite departments or individual units to collaborate on an IPAC themed poster
 - Ask staff to design a poster based on a particular area of IPAC practice.
 - Use the CHICA-Canada's *Infection Control Week* theme. (See www.chica.org)
 - See Webber Training poster examples (www.webbertraining.com) for ideas



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Image © Webber Training Inc. Used with permission.





13. Colour Me Happy

- Quick Description:** A colouring contest fit for the young, and young at heart!
- Required Materials:** Colouring template, photocopier, prize for winner.
- Preparation:** Advertise the contest, choose the picture to be coloured, and distribute copies of the picture to those in the organization who may recruit the help of children for this challenge.
- Details:** This challenge extends beyond the walls of your organization, encouraging the families of staff members to get involved and increasing their awareness of infection prevention and control practices. This is a great way to share the celebration of Infection Control Week beyond your organization. “Bug Out!” is an excellent resource for children which has been developed by the Canadian Red Cross. See <http://www.redcross.ca/article.asp?id=33859&tid=001>
- Variations:**
- Acute care facilities could use this activity in their pediatric department
 - A child care centre attached to a health care facility could participate in this activity, too



14. IPAC Fast Facts

- Quick Description:** A short message about IPAC which reaches all staff at the same time
- Required Materials:** A method of getting the message out such as fax to all departments, or e-mail or a voice mail distribution or poster delivery/posting, etc.
- Preparation:** Prior to Infection Control Week, prepare five quick, clear and direct messages about Infection Prevention and Control practice. Topics you could address include cleaning up body fluid spills, safe injection practices, use of PPE, risk assessment and routine practices.
- Details:** In the fast-paced workplace of today, sometimes the most effective way to communicate key messages is quickly! Each morning of Infection Control Week, send one out to everyone in your organization via email, fax, hand-delivery, or even use a town crier! Ensure contact information for the IPAC department is included with each message in case people have questions or concerns to discuss with the IPAC experts.
- Variations:**
- This concept can also be used to share information with staff about an emerging infectious disease or a current IPAC issue in your facility
 - Use a consistent colour of paper or ink so people will recognize the IPAC “brand”
 - Create a “Bug of the Day” or “Bug of the Week” or “Bug of the Month” series
 - Contact your local RICN for Infection Control Week samples of “Bug of the Week or Month”





15. IPAC BINGO

Quick Description: Bingo using IPAC questions

Required Materials: Photocopier, paper, writing implements for staff members, prize for winner.

Preparation: Advertise the event—or it could be a surprise in the cafeteria one day. Prepare the BINGO cards, make copies and set up the projector (if using).

Details: Staff members will be challenged to answer all the IPAC questions on their bingo card! First full card wins! Refer to Appendix D for an example you can use.

- Variations:**
- Instead of using numbers, replace the squares with IPAC words that will be said by a presenter or shown via projector
 - Have a contest. Distribute cards and questions at a specific time and mark at a specific time
 - Another challenge would be to record the time a person receives the card and record the time they hand it in. The person who takes the least time to complete the questions can be declared the winner!

INFECTION CONTROL BINGO Complete the activity in each square to achieve Infection Control Bingo!		
Chain of Infection	Hand Hygiene	Routine Practices
Name all of the links in the chain of infection. 1. 2. 3. 4. 5.	Name three products that you can use to perform hand hygiene. 1. 2. 3.	Routine practices are to be used by all people/volunteers at the time. True or False?
List three ways to break the chain of infection. 1. 2. 3.	When should you use alcohol-based hand rubs? 1 – only when hands are visibly soiled 2 – any time 3 – when hands are not visibly soiled	What does PPE stand for?
Influenza can be spread by droplet and contact transmission. True or False?	Demonstrate proper hand hygiene to a colleague. Have them sign here:	Put the following steps to remove PPE in the correct order: <input type="checkbox"/> Remove eye protection <input type="checkbox"/> Remove mask <input type="checkbox"/> Remove gown <input type="checkbox"/> Clean hands <input type="checkbox"/> Remove gloves <input type="checkbox"/> Clean hands again



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16. Come One, Come All

Quick Description: An infection control workshop day (or 1/2 day)

Required Materials: Planning committee, a great location, local speakers, agenda

Preparation: Organization is key; advance planning is a necessity for this activity. Speakers must be recruited, a location procured, and an interesting agenda planned. If the workshop is more than a half day session, refreshments are necessary. Coffee and snacks are always a benefit and will keep attendees happy. Flyers advertising the event should be sent out well in advance and a registration procedure should be set up as well. It may be valuable to investigate companies that may be able to provide financial sponsorship and attend as exhibitors. Human resources may be required to assist with the registration process.

Details: An infection control workshop is a great way to network with others and share expertise and information about infection prevention and control. Any opportunity that can be offered at low, or no cost to local IPCPs is a great one! Planning this type of activity can be challenging for many reasons, but with good planning and use of available resources (think RICNs!) it's not an impossible feat.

- Variations:**
- Have a special in-service with a popular speaker
 - Ask different departments to present
 - Team up with another IPCP from a different organization. (It will make this activity less work and more effective.)



“Train the Trainer”
Session with the Central East Infection Control Network





17. Caught Red Handed

Quick Description: Demonstration of proper glove removal

Description:

Required Materials: Pair of gloves per participant, non-toxic, water based paint, watch or clock with a second hand.

Preparation: Gather a group of people (attendees of an in-service or orientation session)

Details: This is a low-tech, fun approach to challenge your colleagues' hand hygiene skills. Distribute a pair of gloves to everyone in your group. Have group members put the gloves on and then place a "loonie-sized" amount of paint on to one of their gloved hands. Have the group members close their eyes and rub their gloved hands with the paint, as if they were washing their hands or using alcohol based hand rub. Time the group for 15 seconds and ask them to stop once 15 seconds have passed. Ask the group to open their eyes and have them inspect their hands. Have they missed any spots?

Next, have them remove their gloves according to proper technique and see if anyone contaminates themselves. Perhaps someone will have paint on their hands as a result of 'pin holing'. This is a great "teachable moment" to show that gloves don't provide 100% protection against germs, especially when you can't see them. This is the reason why hand hygiene performance after removal of gloves is so important.

Variations:

- Shaving cream works well, too!
- For those people who insist on "double-gloving", have them apply cream or paint between the glove pairs and show them how they will contaminate their hands during removal of the top pair, etc.





18. Masked Germ Busters

- Quick Description:** Guessing game: “Who is wearing that mask?”
- Required Materials:** Camera, poster or bulletin board, or photocopier, ballots, surgical or procedure masks. Prize for winner of draw.
- Preparation:** Before Infection Control Week starts, capture photos of your colleagues faces disguised by surgical masks. Post and number the photos on a poster or bulletin board where people can see them and create ballots on which guesses can be submitted, or create an activity sheet that can be distributed to individuals.
- Details:** Challenge your colleagues to identify each other while disguised by a mask!
Ask a number of staff members to apply a surgical or procedure mask and have their picture taken. Once you have a number of pictures, post them up on a board or poster, numbering them clearly. Distribute ballots with numbers that correspond to pictures and have a box or envelop to collect completed ballots. Enter correct ballots into a draw for a prize or pick the correct entry (if there aren't many that are right).
- Variations:**
- To increase the level of difficulty of this challenge, zoom in around the person's face so you don't see much, if any of their hair. Combining a mask and eye protection may create a real challenge for people!
 - The challenge could be changed by asking people to look at how well a mask fits the person in the picture. In this case, ballots would need to be modified to reflect the changed goal of the activity—from identifying the person in the picture, to assessing mask fit.





19. To Wash or Not to Wash...

Quick Description: IPAC poetry contest

Required Materials: Signs/announcements for advertising. Prizes for winners.

Preparation: Advertise the contest, define submission dates, get people excited and involved.

Details: Staff members will be challenged to pour their creative juices into a meaningful piece of IPAC poetry!

Poetry doesn't have to rhyme. It doesn't have to follow a certain structure. It doesn't even have to make sense! Encourage staff members to express their feelings about infection prevention and control in the form of a poem. Haiku, rhyming verse, or shape poem, everyone will enjoy these pieces of work!

Variations:

- Stage a poetry reading by the entrants
- Song writing contest. See # 7 "Sing It"

Influenza Haiku
Influenza stinks.
I should have washed my hands.
Next year immunize.

IPAC Shape Poem...

```

                p e b y
                s e r d e e a
                e h b f e v n l
                n o d o m e o l
                h e u l r r y t
                d y i           h
                n g           e
                a           t
                H . . . . . e m i

```



20. It's the Most Wonderful Time of the Year

Quick Description: Month-long focus on IPAC

Required Materials: Human resources, materials to implement various activities (activity specific).

Preparation: Plan a variety of activities and initiatives that will span over the entire month of October. Get lots of people involved in the activities.

Details: October is a wonderful time to celebrate Infection Prevention and Control! Why not devote the whole month to IPAC activities and initiatives?

Plan an activity each week in October leading up to Infection Control Week. Encourage everyone to participate! Launch an infection control awareness campaign or a hand hygiene initiative. Focus your efforts on educating people about routine practices! Reach out to your RICNs for support and resources! Use the Infection Control Week proclamation from CHICA-Canada (www.chica.org)

Variations:

- Choose a different IPAC theme each month. For example: December could be focused on protecting hands and hand care. January might focus on respiratory infections, February could focus on viruses.
- Choose a season-based or holiday-based theme



"The keys to success [in Infection Prevention and Control] are knowledgeable health care workers, an informed public, and an awareness that infection control is everyone's business." (CHICA-Canada Infection Control Week proclamation, 1989)





21. Tour de PPE

Quick Description: Relay race or obstacle course using PPE

Required Materials: Multiple sets of PPE; gowns, gloves, mask, eye protection. Other objects as needed to set up obstacle course, prize for participants, winners.

Preparation: Advertise the date and time of this event. Recruit interested people. Design a simple obstacle course involving application of PPE, then removal of PPE.

Details: This is a physical obstacle course/relay challenge, with a mental component since it involves the application and removal of PPE. Group participants into teams who will compete against each other to apply PPE in the right order, complete some sort of task, and remove the PPE properly. Teams should have roughly an equal number of members and members who are waiting to start the relay should not begin until the member who is completing the relay has crossed the finish line and tagged them. The first team to have each member through the relay, with all PPE applied and removed correctly, wins a great prize!

- Variations:**
- Relay race involving donning PPE, carrying a full bedpan, emptying, cleaning and disinfecting and removing PPE
 - Relay race cleaning and disinfecting a series of multi-use equipment



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© iStockphoto/rebenhi
© iStockphoto/DANTODDY
© iStockphoto/ayzek



22. Relaxation Activation

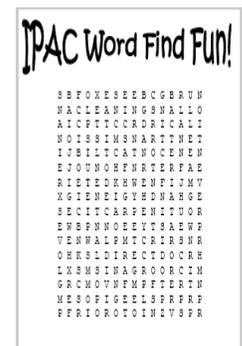
Quick Description: IPAC puzzles and brain teasers

Required Materials: Photocopier, paper

Preparation: Copy ready made puzzles or make your own (see www.puzzle-maker.com) and make them available in areas where staff members relax.

Details: Staff will enjoy word puzzles and brain teasers that can be placed on tables in the cafeteria or break room. Word puzzles and brain teasers are a unique approach to learning. Some people will enjoy this experience as much, if not more, than any in-service. Be sure to have the answers easily available!

- Variations:**
- Ask staff members to submit their completed puzzles. Check them for accuracy and enter the staff member's name into a draw for a prize.
 - Gear content to a specific topic or a particular area in your organization. For example: Influenza, Cleaning/Disinfection/ Sterilization, Environmental Cleaning, Dietary Staff Quiz, etc.
 - See Appendix A, B and C for examples you may use





23. Spot the Problem

Quick Description:

A mock room fraught with numerous IPAC risks

Required Materials:

Furnished unoccupied patient room or other area that can be cordoned off to serve as the patient care area mock-up. Non-functional patient care equipment, mannequin or dummy, other objects and materials to create realistic mock-up. Prize for winner.

Preparation:

Advance planning and administrative support of this activity is required. Procure an empty patient room temporarily. Obtain patient care equipment on a temporary basis. Perhaps non-functional units could be used. A mannequin or dummy is placed in the bed.

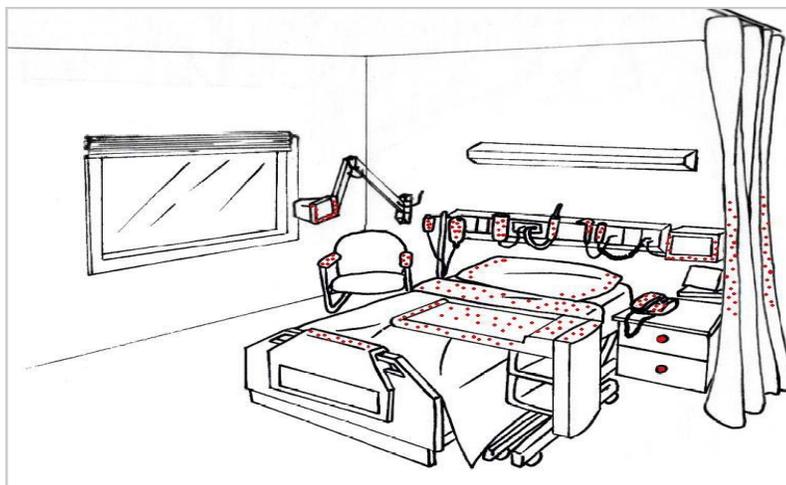
Details:

A realistic mock up of a patient's room with a number of infection control issues will pose a challenge for staff members to apply principles of infection prevention and control.

In an empty patient room, place a mannequin in a bed. Using a variety of patient care equipment and other props, set it up improperly and intentionally to create infection prevention and control risks/problems. Staff members will enter the room and should be instructed not to touch anything. In a certain time period (for example, one minute), they will be required to list the various problems they identify in the room. The person with the most correct IPAC infractions in the specified time period wins!

Variations:

- If no empty patient rooms/spaces are available, this activity could be modified to a two dimensional format. A drawing of a patient room with numerous IPAC problems could be used instead.
- Have a staff member dress up as a patient or resident. The room could be dark and during Hallowe'en, it could be a "Room of Horrors!"
- Have a staff member be a patient on a stretcher. Ask a staff member to place a UV fluorescent indicator on their hands and touch the patient as per the normal morning routine of performing a bath. Darken the room and shine the UV light. Show staff where their hands have touched. This will reinforce the importance of hand hygiene when touching the patient/resident environment.
- Cover your hands with UV indicator and pretend you are a patient in a washroom; be sure to touch "high touch surfaces". Take housekeeping staff with you into the darkened washroom and show them where hands have touched. They'll be sure to pay special attention to those surfaces!



"High Touch Surfaces"
PIDAC 2009

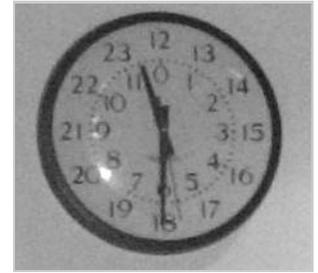
Source: Best Practices for Environmental Cleaning for Prevention and Control of Infections in All Health Care Settings, Provincial Infectious Diseases Advisory Committee. Figure 1a. Queen's Printer for Ontario, 2012, Toronto, Canada, Page 24





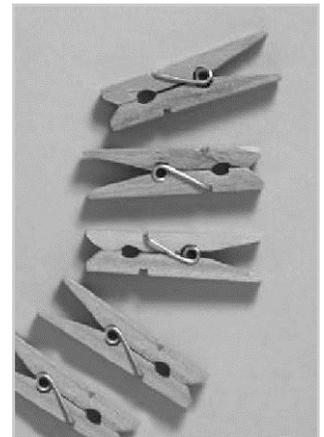
24. Extra! Extra! Read All About It!

- Quick Description:** Independent learning packages for staff on other shifts and weekends
- Required Materials:** Stapler, photocopier, paper.
- Preparation:** Gather learning materials, such as power point presentations that have been presented on day shifts, word puzzles and brain teasers and create packages for staff who aren't able to enjoy the Infection Control Week activities happening in the day time. Consider offering an edible treat to people working the night shift.
- Details:** Independent learning packages will enable staff working night shifts to celebrate Infection Control Week too!
- It is important to extend Infection Control Week celebrations to all staff members. There is no exception for those who work odd shifts, when day time activities don't happen.
- Variations:**
- Arrange to play a DVD or CD for shifts; download onto the unit computer. Contact your local RICN; they have many resources in their libraries. See #32 "Film Festival"



25. Keep it on the Down Low

- Quick Description:** Positive reinforcement for using proper IPAC terminology
- Required Materials:** 5 clothes pins for each staff member. Prize for the winner.
- Preparation:** Select the period of time over which this challenge will last. Advertise the activity so people know what's going on.
- Details:** This is an organization-wide game that could last the duration of Infection Control Week! Just don't say the word!
- Pick a word that has to do with infection prevention and control. Be sure to include "routine practices" or "infection". Distribute sets of 5 clothes pins to each staff member and tell them that they have the opportunity to gain more clothes pins by taking them from another staff member if they hear them say the chosen word(s). It is permissible for staff members to attempt tricking others into saying the word in order to gain clothes pins. At the end of the specified time period, the person with the most clothes pins wins!
- Variations:**
- Have staff give their clothespins to a colleague when they see them performing or teaching infection prevention and control practice





26. Mr. Dress Up

- Quick Description:** Dress up as a microorganism
- Required Materials:** Dependent on what microorganism you are going to be.
- Preparation:** Gather materials needed for costume. Allow sufficient time to create your costume as it may take longer than you anticipate.
- Details:** Celebrate Infection Control Week this year by showing your creativity to the world through dressing up as your favorite infectious bug! The best part of this activity is that the costume you wear during Infection Control Week can double as your Hallowe'en costume!
- Teaching people about a microorganism is great, but actually transforming into a microorganism is even better! Be as creative as possible and have fun with it!
- Variations:**
- Have a microorganism “charade game”. Ask staff to demonstrate the shape of particular microorganisms
 - Make additional costumes. Ask an administrator to dress up, too!
 - Make up t-shirts with short IPAC messages. (Also see #29 “Walking IPAC Bulletin Board”)



27. IPAC Scavenger Hunt

- Quick Description:** Scavenger Hunt for IPAC equipment, staff, etc.
- Required Materials:** IPAC Scavenger Hunt list (modified for your organization), prize for winning team/individuals.
- Preparation:** Copy the IPAC scavenger hunt list you have adapted to your setting.
- Details:** Staff members will be challenged to be resourceful and get to know members of the IPAC team at your organization. Sub-divide the group into smaller groups or if you are working with a small group, give a list to each individual. The group will have to answer the IPAC questions on their list in the work environment as quickly as they can. Ground rules should be established; no running, no raised voices. The first group or individual to correctly complete the scavenger hunt questions and submit them to the activity coordinator wins!
- Variations:**
- Create a scavenger hunt for new orientees
 - Create a scavenger hunt for a particular department or unit



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28. IPAC Challenge

Quick Description: Game show quiz

Required Materials: Five categories, five questions in each category, prize for the winner.

Preparation: Use as a fun addition to an in-service to reinforce content presented. On a handwritten grid create your categories, answers and questions. This will make the job of entering the information into the template easier, since after labeling the categories, each answer and question must be entered starting with the 100 answer in the first category, followed by the 100 question, then the repeat the same pattern with the 200 through 500 answers and questions. After the first column of answers and questions have been entered, move to the second column and follow the same pattern across the rest of the board, top to bottom, left to right.

Details: Contact your local RICN for a functional template that can be changed to reflect any content.

- Variations:**
- Create a “tic-tac-toe” type game or other type of popular game show
 - Ask your local RICN about “clickers” - a type of audience participation tool amenable to quiz questions.

Don't Eat Poop	Infectious Processes	IPAC Acronyms	Protect Yourself!	IPAC Practice
<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>
<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>
<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>
<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>
<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>





29. Walking IPAC Billboard

Quick Description: T-shirts imprinted with IPAC messages

Required Materials: T-shirts, fabric markers, paint, enthusiastic people.

Preparation: Obtain T-shirts, fabric markers or paint. Gather a group of people who are interested in creating funky IPAC message T-shirts.

Details: Sometimes wearing an IPAC message is more effective than merely saying an IPAC message. Get a group of people involved with subliminal IPAC messaging by designing and creating IPAC T-shirts. 'Wash Your Hands', 'Don't eat poop' and 'If it's wet and it's not yours, don't touch it without gloves' are a few examples of effective messages. Encourage those involved to be creative and have fun with it.

Variations:

- Hats with IPAC messages
- Pencils or pens with IPAC messages
- Note pads with IPAC messages



Staff of the Sunshine Centre at Luther Village in Waterloo, ON share their message with the world!





30. PPE Pals

Quick Description: Dress up “cut-outs” to show proper PPE use

Required Materials: Pieces of cardboard, approximately half of an 8.5”x11” piece of paper folded equally along the middle of the length in size, felt to cover the cardboard. Multi-coloured felt for felt bodies and bright yellow for isolation gowns, white for gloves, light blue for masks, and white for goggles, and eyes, if desired for felt figures.

Preparation: Trace felt figures and create a gown, mask, gloves, and eye protection for each figure. As well, each figure will need a felt covered piece of cardboard as a backing. Contact your local RICN for a template.

Details: Felt cut out figures are a low tech, user-friendly approach to teaching routine practices. This learning tool will enable a group to apply the principles of risk assessment and PPE application in hypothetical situations. Show the group pictures of various situations in which they are required to perform an assessment of their risk of exposure to potentially infectious material and based on the risks identified in the picture and through discussion, members will dress their PPE pal accordingly.

- Variations:**
- Paper doll cut outs
 - Dress up a staff member!
 - Use dolls



31. Inspiring Words

Quick Description: A contest for those who enjoy word play. Staff members submit their best ideas for an Infection Control Week slogan for your organization.

Required Materials: Signs to advertise the contest. Prize for winner.

Preparation: Advertise this contest and select a date by which submissions must be made for consideration.

Details: Staff will submit slogan ideas over a period of time. The best slogan will be selected by a panel and could be adopted for the year, used on newsletters, emails, and various organization-wide publications.

- Variations:**
- Design a slogan for a particular department
 - Choose a particular theme

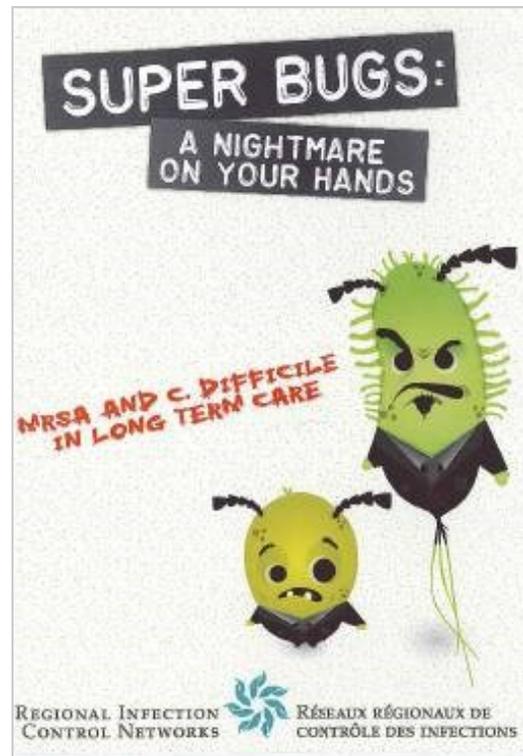
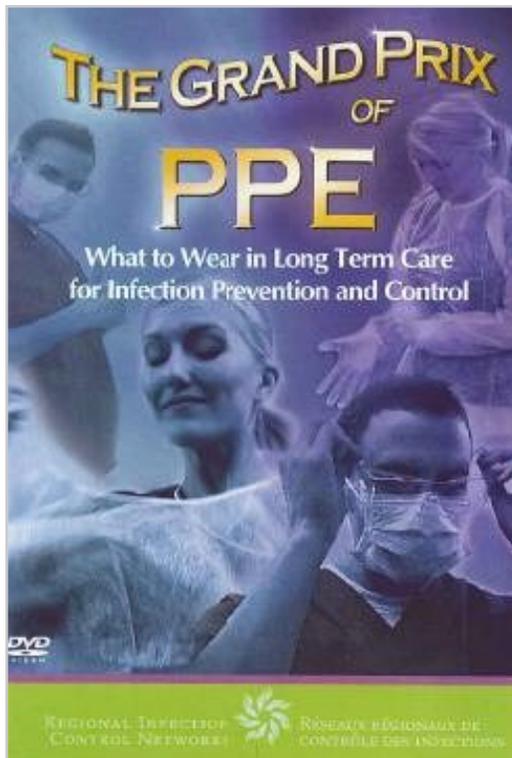
Just
DO IT
Yourself
Protect





32. Film Festival

- Quick Description:** Show a film to staff about IPAC
- Required Materials:** Videos, DVDs, TV, VCR or DVD player and popcorn!
- Preparation:** Gather a number of movies that are related to infection prevention and control (your RICN or public health unit can lend them to you). For the date and time of the showing, you will require a TV and VCR or DVD player. Advertise this event as an opportunity for staff members to learn while enjoying time off their feet and a treat. (You will also need a treat, like popcorn.)
- Details:** This may not be the red carpet experience of the Toronto Film Festival, but it can be a fun and educational activity!
Gather a number of movies that are related to infection prevention and control (your RICN or public health unit can lend them to you). For the date and time of the showing, you will require a TV and VCR or DVD player. Advertise this event as an opportunity for staff members to learn while enjoying time off their feet and a treat.
- Variations:**
- Create a very short skit about IPAC with less than 4 people. Move from unit to unit and present the skit. You could do all the units in your facility in one day!





33. A Bug's Life

- Quick Description:** Compare staff members personalities to characteristics of microorganisms
- Required Materials:** Dependent on what you want to do with the activity.
- Preparation:** Plan how this activity will be incorporated into your Infection Control Week celebrations; perhaps it will help you to divide a large group into smaller groups or just for fun.
- Details:** Staff members will have the opportunity to choose a set of characteristics that are most similar to their own. The characteristic options people choose from is based on those of microorganisms!
Species of microorganisms, like individual humans each have unique characteristics and traits. Some are harmless most of the time, while others wreak havoc and create disruption wherever they are. Others are very stubborn and persistent. Don't tell the group what the activity is until they have selected a set of characteristics most like them. Then reveal the microorganism that they are most like. This may be educational as the person may learn about the 'bug' or it may be just for fun.
- Variations:**
- Choose a communicable disease and create "human-like" characteristics for the disease



- *Campylobacter***
- Likes food, especially chicken and other poultry (food borne)
 - Enjoys swimming (waterborne)
 - Prefers hot weather
 - Likes to interact with young children (most commonly infects children under 5 years of age)

- *Respiratory Syncytial Virus***
- Very social, especially with children
 - Touchy feely (spread via direct, indirect and droplet contact)
 - Likes to travel the world (found worldwide)
 - Indecisive (symptoms of RSV are non-specific)

- *VRE***
- Quite picky GI flora (conditions must be just right in order for VRE to proliferate)
 - Likes new environments (very hardy outside of the gut)
 - Likes time alone, but also enjoys hanging out in pairs or groups of friends (found as single cocci, pairs, or in short chains)

- *Giardia Lamblia***
- Likes to be in control (self-limiting)
 - Not bothered by a messy environment
 - Enjoys swimming
 - Likes to travel all over the world





34. In or Out

Quick Description: Use an easel to record pertinent IPAC information

Required Materials: Set up an easel with flip chart paper or use white board/black board.

Preparation: Spend some time brainstorming items that could be added to an ‘in’ or ‘out’ list. This preparation work may help you in the group situation to stimulate thought and discussion of group members.

Details: Trends and fads don’t just happen in the fashion world, they happen in IPAC too! Use this activity following an in-service to reinforce information and IPAC principles or to reflect on how IPAC practice has changed over time. Participants in this activity will prove their knowledge and awareness of infection prevention and control practice (or on a topic you’ve just spoken about) by creating a list of behaviours/activities that are ‘in’ (good to do) and behaviours/activities that are ‘out’ (outdated and not good to do anymore). See the example below. If your group is small in size, work collectively to add items to the list.

Variations:

- If you’re working with a large group of people, it may be beneficial to sub-divide the group so that smaller groups are working together. Then lists can be compared between groups and discussion generated.

<i>Behaviours/Terms that are “IN”</i>	<i>Behaviours/Terms that are “OUT”</i>
Routine Practices	Universal Precautions
Use of alcohol based hand rub	Not performing or avoiding hand washing
Single use gowns, either disposable or reusable	Reusing used, unwashed isolation gown
Safe sharps handling	Recapping used needles





35. YMCA

Quick Description:

A type of “charades” that spell out abbreviations of IPAC terms or words

Required Materials:

Lots of space for people to move around in. Prize for winning team.

Preparation:

Generate a list of IPAC related acronyms.

Details:

This is a physical energizer that is fun and about IPAC! It could be used following a presentation or as a just for fun activity in a room (or outside), where lots of space is available.

Everyone knows the song ‘YMCA’ and just as many know the actions that go along with it. ‘YMCA’ is an acronym, it is a shortened version of the long name of an organization. Like our everyday language, the language of infection prevention and control is full of acronyms. Subdivide the large group into smaller groups, based on the number of letters in each acronym you assign. For example, you would assign a group of three members to a three letter acronym.

The groups will be given 30 seconds— 1 minute to prepare their plan for demonstration. The groups will reconvene and each group will be asked to stand and show their acronym. Other groups will try to guess the acronym the group is enacting. Guessing the acronym correctly is worth 1 point and being able to say what the acronym represents is worth an additional 2 points. The group with the most points at the end wins!

Variations:

- Shape microorganisms and have staff guess what you are trying to create



Is he trying to spell ARO? (Antibiotic Resistant Organism)





36. X and O Mark the Spot

Quick

Question and answer activity

Description:

Required

Easel with flip chart paper or black or white board, prize for winners.

Materials:

Preparation:

Based on presentation content, generate a number of questions for group members to answer.

Details:

Use this activity following a presentation to review material and reinforce concepts and principles.

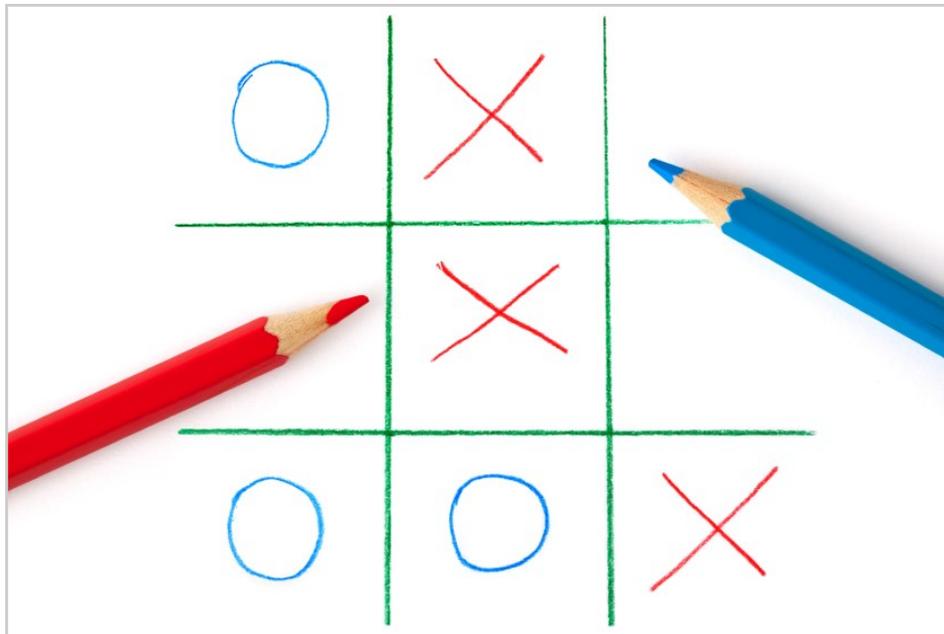
Create a tic-tac-toe game grid on a large piece of paper, or on the board. It is optimal if all members have an unobstructed view of the grid. Divide the group in half to form two teams. Flip a coin or use another method to determine which team will go first. The team that goes first is X. Ask members of the X team where they would like to place the X on the grid. Before moving the X to the location, read them a question and give them 30 seconds or a minute to answer. If they get the answer correct, it's the O team's turn to pick a spot on the grid and attempt to answer a question.

If a team gets an answer wrong, they don't get to place their letter in the grid, nor will they lose a letter that has already been placed on the grid. In this case, members of the opposing team may answer the question, but they do not get to put their letter on the grid for their effort.

The team with 3 letters in a row (just like in tic-tac-toe) wins, or if no team has 3 in a row, the team with the most letters on the grid wins!

Variations:

- Develop questions that increase in difficulty as they are asked; the first question is very easy and each subsequent question becomes more difficult to answer.



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37. Hit the Deck

Quick Description: Use a deck of cards to show you are ready to answer an IPAC question and to score your answer

Required Materials: Large piece of paper per group, deck of cards per group of 4-6 people, one table per group, prize for winners.

Preparation: Develop questions based on the presentation.

Details: This high energy activity is a great follow-up to a presentation. Divide the large group into groups of 4-6 members and have all group members stand around a table. Place a deck of cards in the middle of the table and give each group a piece of paper that will be the score sheet. Each group will pick one person to be the 'designated hitter'. Explain the rules of this activity as follows:

1. Teams will compete to correctly answer questions about the content of the presentation.
2. The question will be read aloud and groups should discuss what they think the answer is as quickly as possible.
3. When a group has an answer, the 'hitter' should reach into the middle of the table and 'hit' the deck of cards; this group will have the opportunity to answer aloud.
4. If the answer is right, the hitter turns the card on the top of the deck over and the value of the card is written on the score sheet.
5. If a group gives an incorrect or incomplete answer, the 2nd quickest group to 'hit the deck' gets an opportunity to answer the question. If they answer correctly, they turn over the top card and that value is their score.
6. Scores are tallied after 10 –12 rounds of questions and answers are given. The group with the highest score wins!

Variations: Instead of using a deck of cards:

- Have each group sit down. When the group has the answer, they all stand up together. Each correct answer is worth 5 points
- Use dice



Trillium Health Centre, Mississauga staff play "Hit the Deck!"





38. Jar O'Germs

Quick Description: Count the “bugs” contest

Required Materials: Jar, red round (cocci) and oblong (rod) shaped candies, blue round (cocci) and oblong (rod) shaped candies. Ballots for people to write their guesses on, a box for them to deposit their completed ballots.

Preparation: Count candies as they are put in the jar.

Details: This activity is a great addition to a display or could be used to raise funds for Infection Control Week celebrations. Fill the jar up with candies and ask people to guess how many gram negative and gram positive rods and cocci are in it. Best guess wins the jar and its contents! If you are fund raising, sell ballots.



Gram Negative = red	Gram Positive = blue
<i>Neisseria</i> is a diplococcus (like 2 coffee beans kissing). It's the only gram negative cocci. The rest of the gram negative organisms are rods	Gram positive rods include bacillus, <i>Clostridium</i> , <i>Corynebacterium</i> and <i>listeria</i> . Gram positive cocci include <i>Streptococci</i> and <i>Staphylococci</i>



39. Q & A

Quick Description: Matching game

Required Materials: Paper, markers, scissors, envelopes, prize for winner.

Preparation: Fold regular pieces of paper into quarters. On the top left quarter, write a question based on the presentation. In the top right corner, write the answer to the question. Do the same in the bottom quarters, and continue this until you have 10 or more sets of questions and answers per group of participants. Cut the questions and answers apart and place each set of 10 or more into envelopes, one for each group.

Details: Used following a presentation, this activity will review content and concepts with participants. If you are working with a larger group, sub-divide members into groups of 4 to 6 members. Give each group one of the envelopes and tell them that they will have 2 minutes once you've finished speaking, to open their envelopes and work together to match each question to an answer. They are to place the pair together off to the side. After 2 minutes, ask the groups to stop. Moving from group to group, ask participants to read out the question and reveal the answer they matched it up with. Each correct pairing of question and answer is worth 1 point. The group with the highest number of points at the end wins!

- Variations:**
- Remember the paper folding game where you counted out words and then folded the paper out to get the answer? You could create one with IPAC questions and go to your units or stop people in the hall with your IPAC quick message.
 - Search online for “How to make paper fortune tellers”





40. Hand Prints

Quick Description:	“Hand” art
Required Materials:	Paint, paper, various decorations like glitter, pipe cleaners, construction paper, markers.
Preparation:	Gather required materials, advertise activity.
Details:	Create a jungle full of animals with staff and/or residents using hand prints and creativity! Have people paint their hands to create hand hygiene animals and display on a wall for everyone to admire. While people are making the animals, discuss the importance of hand hygiene.



Infection Control Week Fun!

U F I D Q O F Y C E J Q S S V I R U S E S C L Z
 N F S I D B E Q N O P J Y Y H S H L O N A G D K
 O O F R U Q L R E E M C F F L E O R S V Z I R E
 I K M E K L O O Q T N M F L U V Z N K I N O O W
 T O C C I B B O W L O S O O U O T G W G E D P S
 C B D T R Y P E O C I N A N G L F A V N U V L G
 E R H I E Q X M D E S O J L V G Y Z T U L C E L
 T K A U N B O I O P S I C P U E D A M F F O T K
 O S J B E N P C D S I R W S K H H X X H N N K B
 R T M B I K N R I A M P O E P X A I M N I T H G
 P E F E G O E O J L S A O C Y A Q N C U S A A A
 D R Q R Y K K O R M N U V I K G C Z D L C C E Z
 I I A D H N C R A O A W E T J O L I R S E T Q V
 S L S W D E I G I N R N C C U S E N V J W I X Y
 I I V B N C H A R E T O T A G H A W S X A A O N
 N Z X T A O C N E L Q I O R V V N O J H S P V O
 F A Y C H L W I T L N T R P O D I G R K H R O I
 E T V E H I K S C A E C B E G X N N D S I T G T
 C I R R N Q C M A M W E O N A H G U U A N S A N
 T O E I N O J S B A V F R I V L U R E M G O S E
 I N Q D Q F A P S E J N N T G I L J V D D Y R V
 N H N N Y V C R T R M I E U K D L Z I P K N P E
 G S U I Z M M E Q Z T T P O R S E L S A E M U R
 V Z L K V I L H W C X K P R H E A L T H P Y Z P

airborne
 bacteria
 chicken pox
 cleaning
 common vehicle
 contact
 direct
 disinfecting
 droplet
 Ecoli
 fungi
 gloves

gown
 hand hygiene
 hands
 health
 ICP
 indirect
 infection
 influenza
 mask
 measles
 microorganisms
 MRSA

prevention
 prions
 protection
 Routine Practices
 salmonella
 sterilization
 transmission
 vectorborne
 viruses
 VRE
 washing

Appendix A

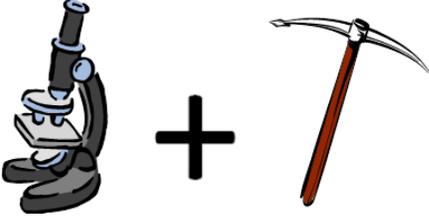
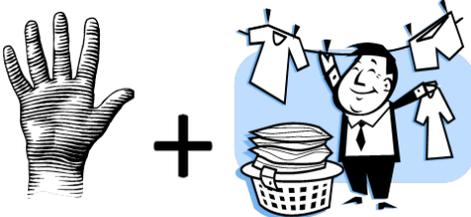
Infection Control Week Fun— Word Search Answers

U	F	I	D	Q	O	F	Y	C	E	J	Q	S	S	V	I	R	U	S	E	S	C	L	Z
N	F	S	I	D	B	E	Q	N	O	P	J	Y	Y	H	S	H	L	O	N	A	G	D	K
O	O	F	R	U	Q	L	R	E	E	M	C	F	F	L	E	O	R	S	V	Z	I	R	E
I	K	M	E	K	L	O	O	Q	T	N	M	F	L	U	V	Z	N	K	I	N	O	O	W
T	O	C	C	I	B	B	O	W	L	O	S	O	O	U	O	T	G	W	G	E	D	P	S
C	B	D	T	R	Y	P	E	O	C	I	N	A	N	G	L	F	A	V	N	U	V	L	G
E	R	H	I	E	Q	X	M	D	E	S	O	J	L	V	G	Y	Z	T	U	L	C	E	L
T	K	A	U	N	B	O	I	O	P	S	I	C	P	U	E	D	A	M	F	F	O	T	K
O	S	J	B	E	N	P	C	D	S	I	R	W	S	K	H	H	X	X	H	N	N	K	B
R	T	M	B	I	K	N	R	I	A	M	P	O	E	P	X	A	I	M	N	I	T	H	G
P	E	F	E	G	O	E	O	J	L	S	A	O	C	Y	A	Q	N	C	U	S	A	A	A
D	R	Q	R	Y	K	K	O	R	M	N	U	V	I	K	G	C	Z	D	L	C	C	E	Z
I	I	A	D	H	N	C	R	A	O	A	W	E	T	J	O	L	I	R	S	E	T	Q	V
S	L	S	W	D	E	I	G	I	N	R	N	C	C	U	S	E	N	V	J	W	I	X	Y
I	I	V	B	N	C	H	A	R	E	T	O	T	A	G	H	A	W	S	X	A	A	O	N
N	Z	X	T	A	O	C	N	E	L	Q	I	O	R	V	V	N	O	J	H	S	P	V	O
F	A	Y	C	H	L	W	I	T	L	N	T	R	P	O	D	I	G	R	K	H	R	O	I
E	T	V	E	H	I	K	S	C	A	E	C	B	E	G	X	N	N	D	S	I	T	G	T
C	I	R	R	N	Q	C	M	A	M	W	E	O	N	A	H	G	U	U	A	N	S	A	N
T	O	E	I	N	O	J	S	B	A	V	F	R	I	V	L	U	R	E	M	G	O	S	E
I	N	Q	D	Q	F	A	P	S	E	J	N	N	T	G	I	L	J	V	D	D	Y	R	V
N	H	N	N	Y	V	C	R	T	R	M	I	E	U	K	D	L	Z	I	P	K	N	P	E
G	S	U	I	Z	M	M	E	Q	Z	T	T	P	O	R	S	E	L	S	A	E	M	U	R
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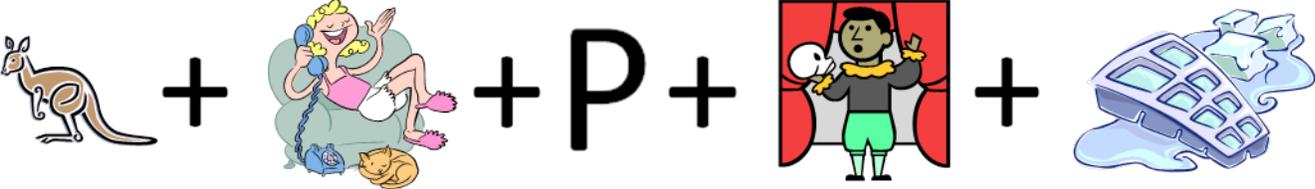
Infection Control Week Fun!

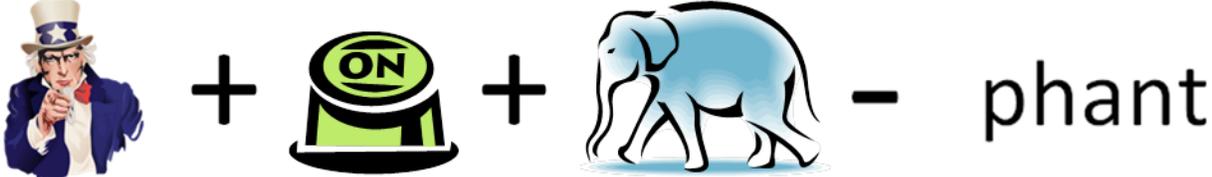
Infection Prevention and Control Brain Teasers

Determine what the infection prevention and control words are below by putting together the picture clues.

 <hr/>	 <hr/>
--------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------

 <hr/>

 <hr/>

 <hr/>

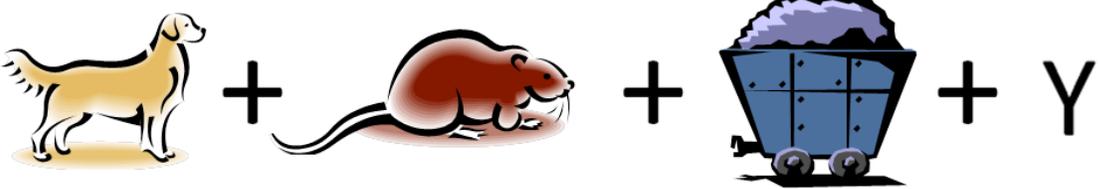
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Image credits: Microsoft Office Clipart

Appendix C

Infection Control Week Fun!

Word Scramble

Unscramble the letter to find the answer to each question.

Your best defense against infection is:

AHDN EGNYEHI

Hand _____ are also called waterless hand washes or alcohol based hand rubs and are the preferred method of hand hygiene when your hands are not visibly soiled.

RNZSEASITI

Hand hygiene, risk assessment, risk reduction strategies like use of personal protective equipment, cleaning waste management, healthy workplace practices and education are components of these— used all the time for all clients.

URNTOEI TCSAPCIRE

This virus causes vomiting and diarrhea, and spreads very easily from person to person. It has caused outbreaks on cruise ships as well as in healthcare facilities.

SNIROVRUO

Using your sleeve to cover your mouth and nose when coughing or sneezing and using alcohol-based hand rub if you sneeze or cough into your hands is known as this type of etiquette.

OTRRSAPYEIR

The name of the virus that causes respiratory infections typically between the months of November and April. Have you taken the vaccine against it this year?

UZILANNFE

Appendix D

Infection Control Bingo!

Complete in activity in each square to achieve Infection Control Bingo!

Chain of Infection	Hand Hygiene	Routine Practices
Name all of the links in the chain of transmission	Name three products that you can use to perform hand hygiene.	Routine practices are to be used for all patients /clients all the time. True or False?
List three ways to break the chain of infection:	When should you use alcohol based hand rubs? 1. Only when hands are visibly soiled 2. Any time 3. When hands are not visibly soiled	What does PPE stand for?
Influenza can be spread by droplet and contact transmission. True or False?	Demonstrate proper hand hygiene to a colleague. Have them sign here:	Put the following steps to remove PPE in the correct order: __ Remove eye protection __ Remove mask __ Remove gown __ Clean hands __ Remove gloves __ Clean hands again

Appendix D

Infection Control Bingo! (Answer Key)

Complete in activity in each square to achieve Infection Control Bingo!

Chain of Infection	Hand Hygiene	Routine Practices
<p>Name all of the links in the chain of transmission</p> <ol style="list-style-type: none"> 1. Infectious agent 2. Reservoir 3. Portal of exit 4. Transmission 5. Route of entry 6. Susceptible host 	<p>Name three products that you can use to perform hand hygiene.</p> <ol style="list-style-type: none"> 1. Regular soap and water 2. Alcohol based hand rubs 3. Antibacterial soap and water 	<p>Routine practices are to be used for all patients /clients all the time.</p> <p>True or False?</p>
<p>List three ways to break the chain of infection:</p> <ol style="list-style-type: none"> 1. Immunization 2. Hand hygiene 3. Use of personal protective equipment (there are many more possible answers) 	<p>When should you use alcohol based hand rubs?</p> <ol style="list-style-type: none"> 1. Only when hands are visibly soiled 2. Any time 3. When hands are not visibly soiled 	<p>What does PPE stand for?</p> <p>Personal protective equipment</p>
<p>Influenza can be spread by droplet and contact transmission.</p> <p>True or False?</p>	<p>Demonstrate proper hand hygiene to a colleague. Have them sign here:</p>	<p>Put the following steps to remove PPE in the correct order:</p> <p>_4_ Remove eye protection</p> <p>_5_ Remove mask</p> <p>_2_ Remove gown</p> <p>_3_ Clean hands</p> <p>_1_ Remove gloves</p> <p>_6_ Clean hands again</p>