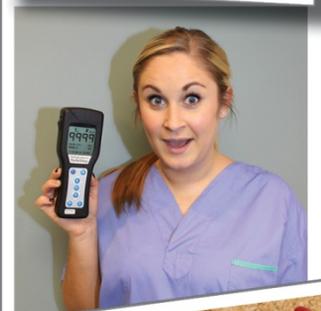
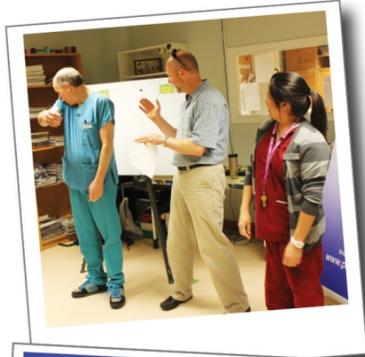


PICNet

PROVINCIAL INFECTION CONTROL
NETWORK OF BRITISH COLUMBIA

A program of the Provincial Health Services Authority



International Infection Prevention Week *and* National Infection Control Week Planning and Communications Toolkit 2018



Table of Contents

About This Toolkit	3
Planning Your Week	3
Setting your goals	3
High-Level Timeline.....	4
Activities	5
Let’s Go Viral!.....	5
Posters and Displays	7
Pin the PPE on the Infection	11
Poster or photo contest.....	12
De-Cluttering Campaign.....	13
Bug Hide-and-Seek.....	14
Infection Control Videos	15
Flash Mob.....	16
Skits	17
Hand Cleaning Contest.....	18
J-parody games	19
Germ CSI.....	20
Guess the number of bugs.....	21
Costumes.....	22
Word Games	24
Germ Bowling.....	25
Quick-Reference Cards.....	26
Webber Teleclasses	27
Online Education Modules.....	28
Video Message.....	30
Communications Toolkit.....	31
Backgrounder	31
Key Messages.....	31
Newsletter Article	32
Social Media Posts	32
Tweets.....	33
More Web Resources	34
Appendix: Hand Hygiene Song Lyrics.....	34

About This Toolkit

The Provincial Infection Control Network of British Columbia (PICNet) has created this toolkit to help you plan and promote your activities for **International Infection Prevention Week** (October 14-20, 2018) and/or **National Infection Control Week** (Canada, October 15-19, 2018) 2018. We have provided many ideas for fun and educational things you can do, and we've also provided estimates of preparation time and cost. We suggest you start your planning early so that you are less time pressured during the actual week!

We're constantly posting new resources to the PICNet website (<https://www.picnet.ca/resources/>), so be sure to check it regularly for updates.

Planning Your Week

Setting your goals

We recommend that you review this list of goals for IC Week and prioritize them with your team, and then choose activities based on your top priorities and your available resources.

1. Increase awareness of types of infections and types of transmission
2. Review routine practices
3. Review additional precautions
4. Promote hand hygiene
5. Promote flu vaccination
6. Have staff check that all their vaccinations are up-to-date
7. Provide updates on new infection control issues/practices
8. Review environmental cleaning practices
9. Review reprocessing practices
10. Promote (additional) infection control education
11. Infection control myth-busting
12. Answer questions from staff
13. Find out what issues/difficulties staff are dealing with
14. Create enthusiasm for infection control
15. Make staff aware of who their ICP is, or whom they should go to (throughout the year) with questions about infection control
16. Celebrate your staff's achievements in infection control

High-Level Timeline

The following timeline will help with your planning and scheduling. You can add to this, of course!

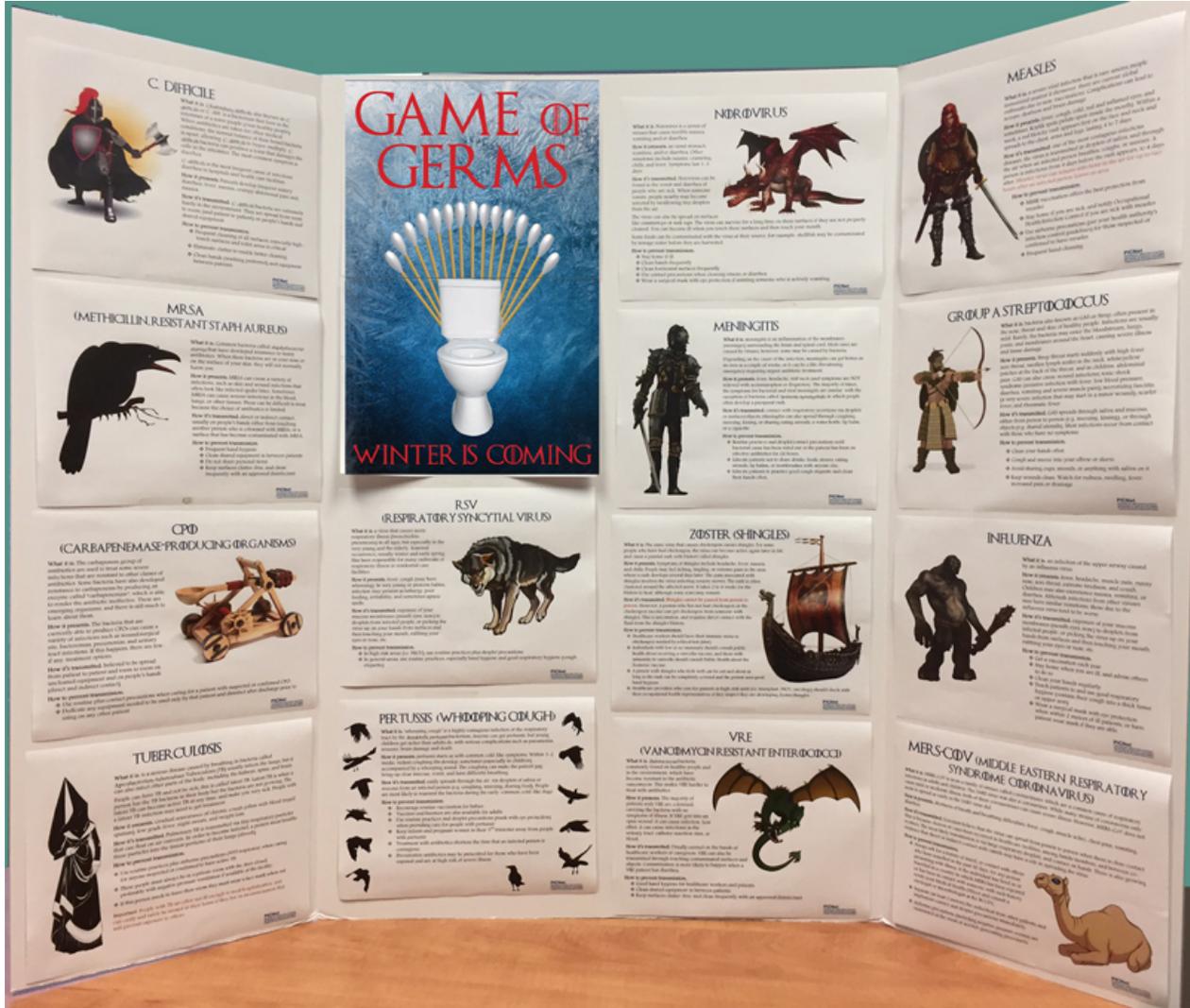
Task	People involved	Deadline
Assemble your team		
Identify/set a budget		
Meet to review activity ideas and decide which you want to do		
Identify resources needed (people, materials, prizes, AV equipment)		
Identify potential locations to run the activities		
Select activities, dates, people involved		
Identify possible issues/problems based on other events your facility has run (and check for date conflicts with other things happening in your facility)		
Create detailed task list with deadlines		
Book locations and resources (Rooms, tables, poster stands, AV equipment)		
Notify other departments that may be affected (security, housekeeping, etc.)		
Buy resources (craft materials, prizes)		
Discuss promotional activities with your Communications department		
<ul style="list-style-type: none"> – Identify promotional tools: posters, intranet articles, blog/Facebook posts, tweets 		
<ul style="list-style-type: none"> – Create schedule of promotions/announcements 		
<ul style="list-style-type: none"> – Create promotional materials 		
Set up for IC Week		
Run your event		
Clean-up		
Debrief and send thank-yous		
Post photos, newsletter items, etc. highlighting achievements		



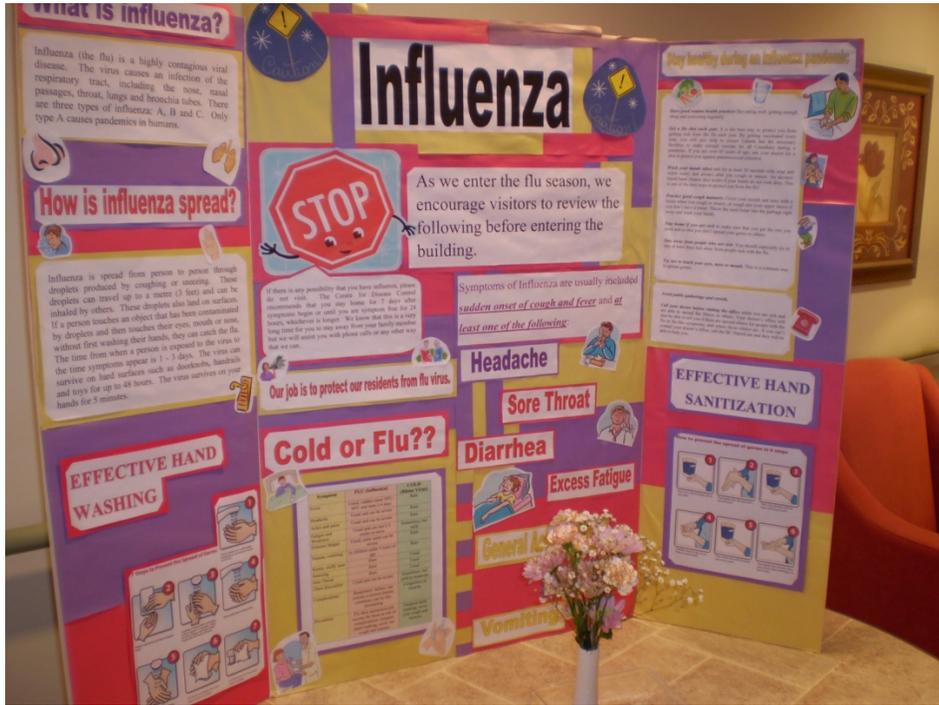
Posters and Displays

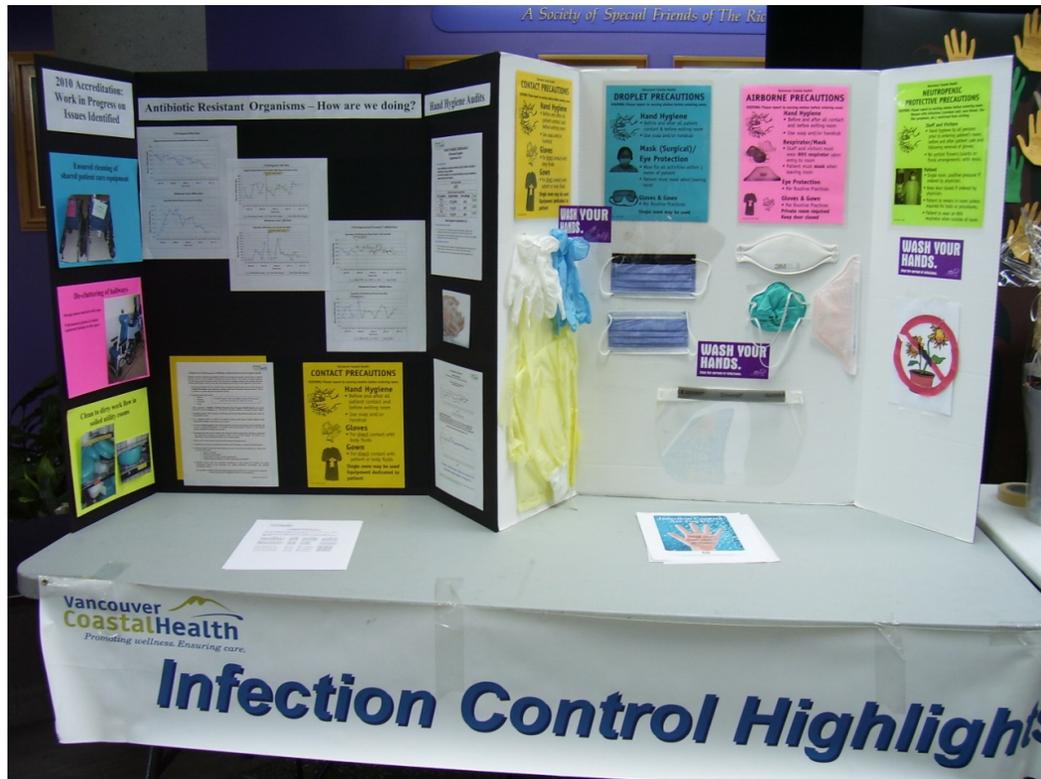
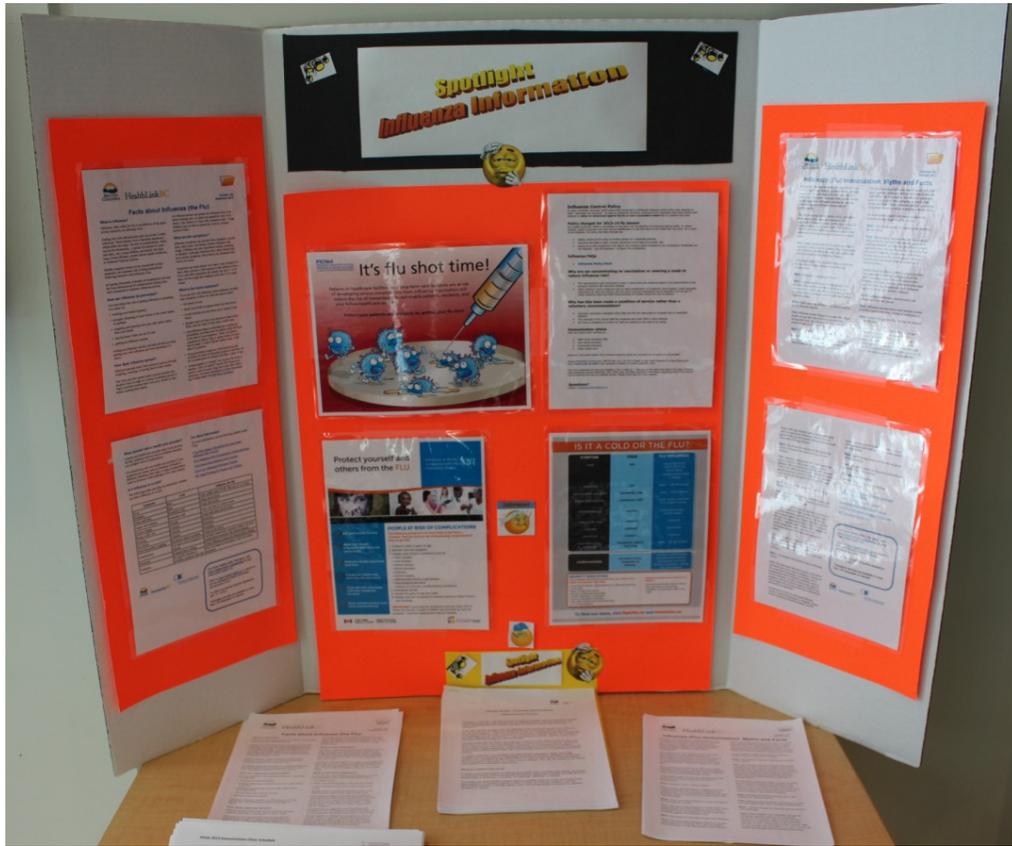
Preparation: ●●●○○	Cost: Printing and/or craft materials	Resources: Poster/display materials
------------------------------	---	---

Here are some great ideas for posters and displays:



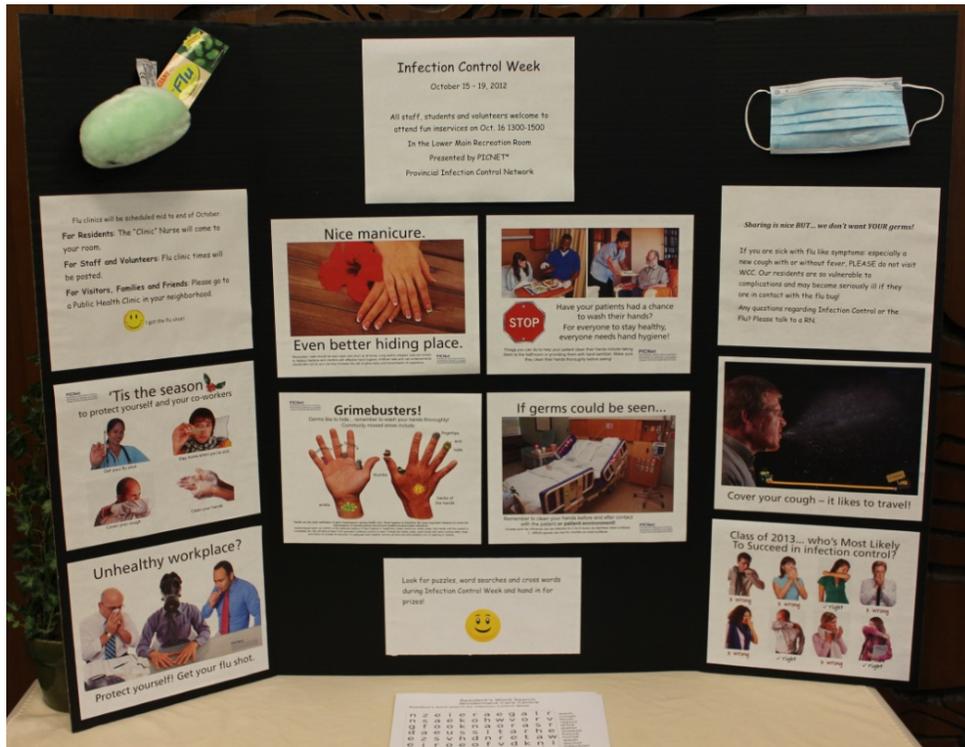
(These Game of Germs posters can be downloaded from www.picnet.ca/resources/posters/infection-control-posters/)







Pressed for time? You can [download posters from the PICNet website](#) and use these in your display.

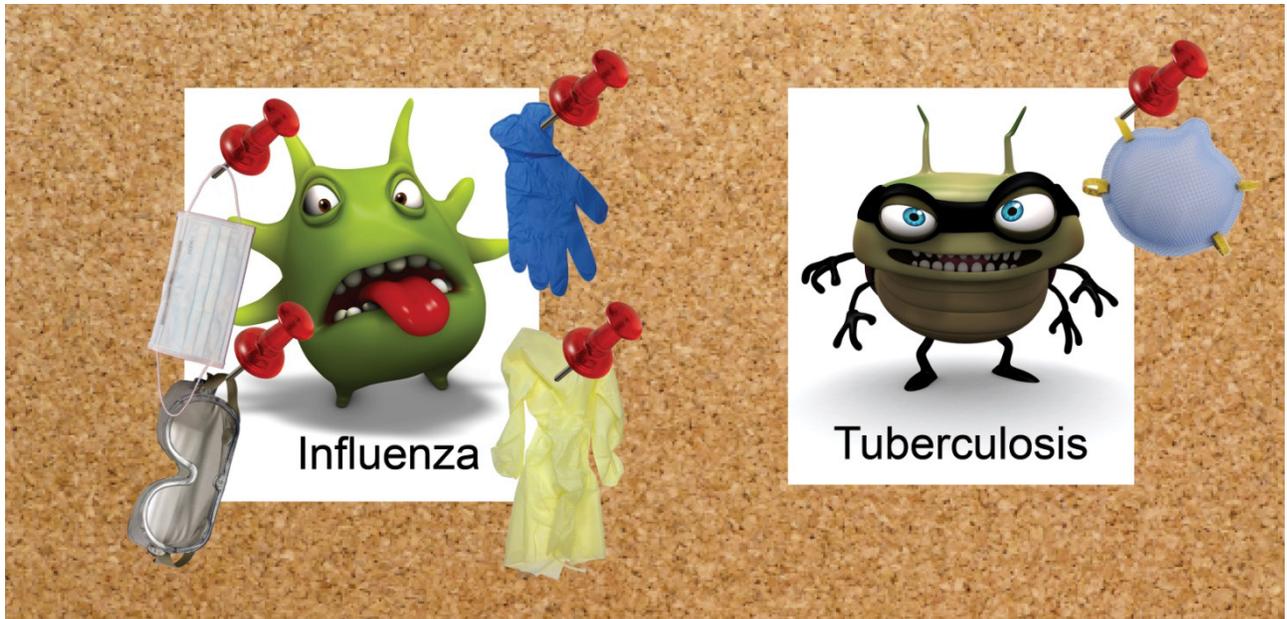


Pin the PPE on the Infection

Preparation: ●●○○○	Cost: Craft materials	Resources: Posters, pins or Velcro, laminator (if you have one)
------------------------------	---------------------------------	---

People really like interactive displays, so this is a poster display with a difference. There is a main background poster, and then PPE pieces get attached by your staff using pins, tacks, or Velcro. People can do this as they walk by, and then you can “reset” the poster throughout the day. This will also show you where your staff has training needs! At the end of the week you can give a presentation on what **should** go where.

You can use real PPE items or drawings of the items. You could also adapt this to “**Pin the PPE on the Procedure**” (or type of transmission; whichever best suits your staff’s training needs).



Poster or photo contest

Preparation: ●●○○○	Cost: Minimal: craft materials and a prize	Resources: Poster materials (if you are supplying these) Camera (if you are supplying this) Printing
------------------------------	--	--

If you and your team are too busy to create posters or displays... ask your staff to participate by having them enter a poster or photo contest! You provide the poster materials (cardstock, markers, glue, other crafting materials) and let them create their own infection control messaging. The better the prize, the better the incentive for a great poster!

A photo contest works well, too... most people have smartphones, so they can use these to take photos of infection control scenarios, practices, or messages. If they don't have smartphones or these are not permitted in your facility, you can assign a camera to someone on your team and have them take photos as and when the staff request.

Then print out the photos, put up on a poster board, and you have your display! Plus, you've got everyone thinking about infection control.

You can get some great photo contest ideas by viewing the entries for the 2014 Clean Shots photo contest at <http://s.picnet.ca/cleanshotsfinalists/>.



De-Cluttering Campaign

Preparation: ●○○○○○	Cost: None/minimal	Resources: Prizes Camera (if you want to take before/after photos)
-------------------------------	------------------------------	---

Choose a ward or area where clutter is a problem, and send your staff on a de-cluttering mission. This can be done in several ways:

Do the de-cluttering with them, showing them what the problems are in the area, and how to remedy them.

or

Divide your staff into two teams and send them to two separate areas that need de-cluttered; then award points or prizes to the team that does the best job.

or

Take before and after photos of a de-cluttering job that you have done, and have a “spot the differences” contest with the photos.

or

Have a contest to find the most out-of-place object during the de-cluttering.

Areas that may need de-cluttered:

- Service rooms
- Hallways
- Patient rooms (remove items like old newspapers, dead flowers, leftover food items; always with the patients approval)
- Staff rooms
- Unit meeting rooms
- Nutrition areas

You can view a **slide presentation** on VGH’s highly successful de-cluttering campaign at <http://s.picnet.ca/vghdeclutter>.



Bug Hide-and-Seek

Preparation: ●●○○○	Cost: \$5 to \$10	Resources: Plastic bugs Poster putty / sticky tack
------------------------------	-----------------------------	---

This can be an addition to the de-cluttering campaign, or an activity you can run on its own.

Hide plastic bugs in any area that you want to draw attention to cleaning or de-cluttering, and have the staff go find as many as they can. The person or team who finds the most, wins a prize!

Make sure you write down the location of all the bugs so that you can ensure they're all removed after the game!

If you want to do this exercise in a patient area, you can use something less potentially frightening than bugs, such as small stuffed animals or microbe keychains.



Infection Control Videos

Preparation: ●○○○○	Cost: None	Resources: Computer with internet and large monitor <i>or</i> TV and DVD player
------------------------------	----------------------	--

Do you need an eye-catching infection control display but don't have time to put one together? PICNet has created a playlist of great infection control / hand hygiene videos that you can play on a loop. These will also give your staff ideas for creating their own songs, flash mobs, or videos!

You can access our YouTube playlist at <http://s.picnet.ca/youtubevids>. If you're in a facility where internet connection is patchy, you may wish to burn the videos onto a DVD and play them from a DVD player rather than directly from YouTube. (Just don't copy and distribute the DVD, as this is not allowed under copyright laws.)



Flash Mob

Preparation: ●●●●●	Cost: None/minimal	Resources: Rehearsal space, props, costumes Enthusiastic people!
------------------------------	------------------------------	---

This one takes a lot of preparation... but you can issue the challenge to your staff instead of (or as well as) doing a flash mob yourself!

What to do: give your team or staff a theme (it can be infection control in general, or something more focused like PPE or hand hygiene) and ask them to create a routine to any song they like. They can either perform it true flash mob style in your facility, where the audience doesn't know it's going to happen, OR each group can perform for the other teams.

If you want to make it easier, pick one song and re-work the lyrics yourself to make it infection control themed (you can "borrow" ideas from PICNet's 2012 song contest – view these in [Appendix: Hand Hygiene Song Lyrics](#) of this document), then divide your staff into teams and assign each team just a portion of the song. Then, when it comes time to perform it (a cafeteria is usually a good place), each team jumps up and performs their portion of the song.

And don't forget to video it so that you can share it!

You can watch some great examples of flash mobs on PICNet's YouTube channel:
<http://s.picnet.ca/flashmobs>.



St. Joseph's Hospital in Comox

Skits

Preparation: ●●●○○	Cost: None/minimal	Resources: Rehearsal space, props, costumes
------------------------------	------------------------------	---

Either: your IC Week team creates a skit or ask your staff to create short skits based on infection control situations/practices.

Put up a poster with some ideas to get them thinking... the ideas can be themes, names, or even short plots. Here are some to get you started:

- The MRSA Team (think: the A-Team)
- Law and Order: Additional Precautions Unit
- Germ CSI
- America's Next Top Microbe
- 28 Days Later (if the world stops hand hygiene)
- Germs like to travel
- Do people really cover their coughs?
- If germs could be seen

You can get some great inspiration for skits that are short, simple, fun, and effective from Northern Health's 'Fight the Virus' video at <http://s.picnet.ca/NHFightVirus>.



Northern Health's "Fight the Virus!" video

Hand Cleaning Contest

Preparation: ●○○○○	Cost: None, if you already have Glo Gel and a UV Light To purchase both: about \$50 for small kit; \$100 for larger Prize	Resources: Glo Gel or Glo Germ UV light
------------------------------	--	--

Method 1: Hand sanitizing (the quick method)

1. Assemble the team of staff that you are training, and have them “sanitize” their hands using any type of UV-responsive lotion or gel. You can time this for 15 seconds if you like.
2. Then, examine everyone’s hands under the blacklight, and point out any areas that were missed (usually: fingertips, thumbs, and wrists).
3. Award the prize to the person who did the best job of cleaning their hands!



Method 2: Germ transmission and hand washing (the longer lesson – but the better one!)

1. Using a UV-responsive powder, dust some high-touch areas of the room with the powder. We suggest door handles, backs of chairs, pens, the milk or sugar container by the staff coffee machine, etc.
2. Make everyone sanitize their hands on the way into the room. Then have them do some kind of random activity (ideally, one using your powdered pens!).
3. Have them check their hands under UV light – in only a couple of minutes, without touching anything we usually think of as “dirty”, look at what they have picked up!
4. Next, have them wash their hands with soap and water.
5. Do a second UV light inspection to see how well they washed their hands.
6. Award prizes to the best hand washers!

J-parody games

Preparation: ●○○○○
Cost: None

Resources:
Computer with PowerPoint
Projector and screen (depending on room)

PICNet has several PowerPoint-based Infection Control J-parody games that you can download and play with your staff.

You can download the game files from <http://s.picnet.ca/games>.

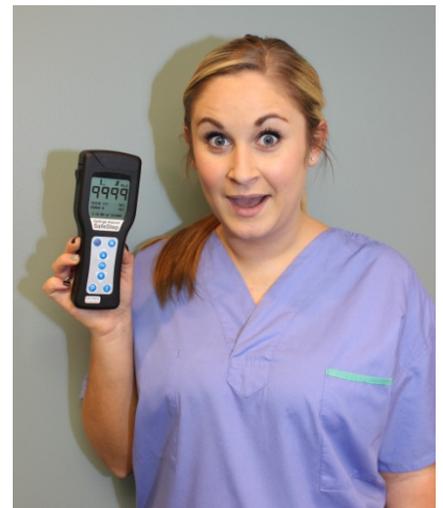
Don't Eat Poop	Clean Me Up Scotty	Those Nasty Critters	Stop The Spread	CD Champions
100 pt				
200 pt				
300 pt				
400 pt				
500 pt				

Germ CSI

Preparation: ●○○○○○	Cost: ●●●●○	Resources: Swabs and testers
-------------------------------	-----------------------	--

This activity requires almost no preparation, but does require an investment in an Adenosine Triphosphate (ATP) bioluminescence device, which detects the presence of ATP, which is an indicator of residual contamination. If your facility is able to purchase one (or more) of these readers, they are great training devices... read on!

1. Remind your staff of how germs are transmitted... most often, via hands and high-touch surfaces such as door handles, elevator buttons, etc.
2. Give each member of staff one of the swabs that is designed to be tested with your device. Show them how to use the swab (take the cover off; swab a surface without touching the swab stem or tip with your finger; replace the cover). If you have a limited number of swabs, divide your staff into 2 or 3 teams and give each team a swab.
3. Ask each team to go find what they think would be the germiest area in your facility (or ward, or floor)... and swab it. The team (or staff member) that has the highest germ reading wins!
They are only allowed to swab ONE surface (so no swabbing an elevator button AND a door handle).
4. When they bring back the swabs, test to see which has the highest ATP reading.
5. The lessons:
 - Any object that is frequently touched will likely be covered in germs.
 - If an elevator button has a high germ reading, this is not housekeeping's fault; they cannot keep up with the number of people touching the buttons with gummy hands!
The answer (besides regular cleaning) is **hand hygiene!**



There are many brands of these devices available; these are just a few. Please note, PICNet does not officially endorse any of these products.



BioControl Lightning MVP

Charm Science NovaLum

Hygiena SystemSURE Plus

Neogen Accupoint

3M Unilite NG Cleantrace

Getinge Assure SafeStep

Guess the number of bugs

Preparation: ●●○○○	Cost: Jar and candy – about \$15	Resources: Jar, gummy worms, plastic bugs Chits and box
------------------------------	--	--

Fill a jar with candy and/or plastic bugs... and have people guess the number.

Costco sells big jars of gummy worms (and you may have to explain to your entrants that the worms do count as bugs!). You can also find gummy tarantulas in some stores, and most of the Loonie Stores and Halloween stores will have plastic bugs of some sort.



Costumes

Preparation: ●●●○○	Cost: Varies	Resources: Costume pieces
------------------------------	------------------------	-------------------------------------

Costumes get everyone's attention! Whether you're presenting a workshop or trying to attract people to a display... costumes will make people stop and look. It's lucky for us that International Infection Prevention Week is so close to Halloween, because there are lots of great costumes and accessories—and not just in costume stores! Home-made outfits cost even less; if you're trying to create a costume on a minimal budget and don't have time to hunt through thrift stores, post on Facebook letting your friends know what kind of clothes/items you're looking for... you'll be amazed how much great stuff you can borrow for free.





If you want to create a home-made version of the bug costumes above, pool noodles or pipe insulation make great bug legs!

Word Games

Preparation: ●○○○○	Cost: None	Resources: Computer and printer
------------------------------	----------------------	---

You can download infection control crosswords, word scrambles, and scrabble from <http://s.picnet.ca/games>.

I ₁	N ₁	F ₄	E ₁	C ₃	T ₁	I ₁	O ₁	N ₁	P ₃	R ₁	E ₁	V ₄	E ₁	N ₁
T ₁	I ₁	O ₁	N ₁	A ₁	N ₁	D ₂	C ₃	O ₁	N ₁	T ₁	R ₁	O ₁	L ₁	

Set Up: Print these two pages. Above are your Scrabble letters. Using a pen or pencil, write your scrabble words on the game board. You can re-use any the above letters as many times as you like. If you want a challenge, add a rule that all the words must be medical or health related!

Triple Word Score			Double Letter Score				Triple Word Score				Double Letter Score			Triple Word Score
	Double Word Score				Triple Letter Score				Triple Letter Score				Double Word Score	
		Double Word Score				Double Letter Score		Double Letter Score				Double Word Score		
Double Letter Score			Double Word Score				Double Letter Score				Double Word Score			Double Letter Score
				Double Word Score						Double Word Score				
	Triple Letter Score				Triple Letter Score			Triple Letter Score					Triple Letter Score	
		Double Letter Score				Double Letter Score		Double Letter Score				Double Letter Score		
Triple Word Score			Double Letter Score				★				Double Letter Score			Triple Word Score
		Double Letter Score				Double Letter Score		Double Letter Score				Double Letter Score		
	Triple Letter Score				Triple Letter Score			Triple Letter Score					Triple Letter Score	
				Double Word Score						Double Word Score				
Double Letter Score			Double Word Score				Double Letter Score			Double Word Score			Double Letter Score	
		Double Word Score				Double Letter Score		Double Letter Score				Double Word Score		
	Double Word Score				Triple Letter Score			Triple Letter Score					Double Word Score	
Triple Word Score			Double Letter Score				Triple Word Score				Double Letter Score			Triple Word Score

Germ Bowling

Preparation: ●●○○○ or ●●●●○	Cost: \$10-\$40	Resources: Rubber or plastic balls Bowling pins Craft materials Table or other surface for “bowling alley”	<i>or:</i> Melissa and Doug Monster Bowling Kit (see below)
---	---------------------------	---	--

How to create the game:

1. Dress up your bowling pins as germs
2. Label different size/weight balls with different infection control practices where the most important practices are the heaviest/largest balls (and therefore can knock over more pins).
3. Set up your bowling lane, and any staff walking by can play the game!

Some infection control practices you can use:

- hand hygiene
- vaccination
- environmental cleaning
- correct use of PPE

Thanks to Ericka-Jade Mulherin, Hand Hygiene Auditor with PHSA Infection Prevention & Control Service, for creating this game!



Short on time? You can purchase a Germ (monster) Bowling Kit online!



Just search for “Melissa and Doug Monster Bowling Game”; it is available at several Canadian retailers.

Quick-Reference Cards

Preparation: ●○○○○	Cost: 80 cents per card, plus postage	Resources: None – we will mail the cards to you
------------------------------	---	---

PICNet has infection control quick-reference lanyard cards for sale. (These aren't an activity by themselves... but they are useful when reviewing risk assessment, routine practices, and additional precautions. Also, these make great prizes!) There are two different versions of the cards:

Card A - Risk Assessment and Routine Practices

<p>Risk Assessment</p> <p>What is the infectious risk to you, other staff, patients, and residents from a patient, situation, or procedure?</p> <p>Note the person's symptoms (e.g. cough, vomiting, fever, rash)</p> <p>What activity/procedure are you about to do with the patient?</p> <p>Are they in the correct physical space, given their symptoms?</p> <ol style="list-style-type: none"> 1. What are the infectious risks to you and other patients/residents, staff, visitors? 2. What personal protective equipment should you be wearing? 3. What should you tell the patient? (e.g. cover their cough, wash their hands) 4. Is the patient/resident in the right place for this, or should they be moved to a private room or isolation room? 	<p>Routine Practices</p> <table border="1"> <tr> <td style="background-color: #fff2cc;">Other</td> <td> <ul style="list-style-type: none"> Private toilet/commode Patient hand hygiene Patient hand hygiene Keep separate from others 2m separation from others Private room (if possible) Teach cough etiquette Private room Negative pressure room if possible </td> </tr> <tr> <td style="background-color: #fff2cc;">PPE</td> <td> <ul style="list-style-type: none"> Gloves and gown (Consider mask) Gloves Gown if close contact Surgical mask Gloves N95 respirator Gloves Gown </td> </tr> <tr> <td style="background-color: #fff2cc;">Symptom(s)</td> <td> <ul style="list-style-type: none"> Nausea/vomiting/diarrhea Itchy rash Open wound or skin patches Coughing with or without fever Fever with rash </td> </tr> </table>	Other	<ul style="list-style-type: none"> Private toilet/commode Patient hand hygiene Patient hand hygiene Keep separate from others 2m separation from others Private room (if possible) Teach cough etiquette Private room Negative pressure room if possible 	PPE	<ul style="list-style-type: none"> Gloves and gown (Consider mask) Gloves Gown if close contact Surgical mask Gloves N95 respirator Gloves Gown 	Symptom(s)	<ul style="list-style-type: none"> Nausea/vomiting/diarrhea Itchy rash Open wound or skin patches Coughing with or without fever Fever with rash
Other	<ul style="list-style-type: none"> Private toilet/commode Patient hand hygiene Patient hand hygiene Keep separate from others 2m separation from others Private room (if possible) Teach cough etiquette Private room Negative pressure room if possible 						
PPE	<ul style="list-style-type: none"> Gloves and gown (Consider mask) Gloves Gown if close contact Surgical mask Gloves N95 respirator Gloves Gown 						
Symptom(s)	<ul style="list-style-type: none"> Nausea/vomiting/diarrhea Itchy rash Open wound or skin patches Coughing with or without fever Fever with rash 						

Card B - Routine Practices and Additional Precautions

Symptom(s)	PPE	Other	Routine Practices	
<ul style="list-style-type: none"> Nausea/vomiting/diarrhea 	<ul style="list-style-type: none"> Gloves and gown (Consider mask) 	<ul style="list-style-type: none"> Private toilet/commode Patient hand hygiene 		
<ul style="list-style-type: none"> Itchy rash Open wound or skin patches 	<ul style="list-style-type: none"> Gloves Gown if close contact 	<ul style="list-style-type: none"> Patient hand hygiene Keep separate from others 		
<ul style="list-style-type: none"> Coughing with or without fever Fever with rash 	<ul style="list-style-type: none"> Surgical mask Gloves N95 respirator Gloves Gown 	<ul style="list-style-type: none"> 2m separation from others Private room (if possible) Teach cough etiquette Private room Negative pressure room if possible 		
Provincial Infection Control network of BC www.picnet.ca				
Precautions	Contact	Droplet	Airborne	Additional Precautions
<ul style="list-style-type: none"> gloves gown 	<ul style="list-style-type: none"> gloves gown surgical mask eye protection 	<ul style="list-style-type: none"> N95 respirator 		
Common Infections	<ul style="list-style-type: none"> Gastro infections C. difficile MRSA Scabies 	<ul style="list-style-type: none"> Influenza Common cold Whooping cough Bacterial meningitis 	<ul style="list-style-type: none"> Tuberculosis Measles Chicken pox Rubella 	
Examples of symptoms	<ul style="list-style-type: none"> Diarrhea or vomiting Open wounds Patches of open skin 	<ul style="list-style-type: none"> Coughing Sneezing 	<ul style="list-style-type: none"> Chronic cough Fever with unidentified rash 	

The cards can be ordered via the [PICNet website](http://www.picnet.ca).

Webber Teleclasses

Preparation: ●○○○○	Cost: None	Resources: Computer with PowerPoint and speakers (and for the live classes, you need to phone in)
------------------------------	----------------------	--

Webber Teleclass Education is an international lecture series on infection prevention and control topics. The objective is to bring the best possible infection prevention and control information, to the widest possible audience, with the fewest barriers to access.

The Webber Training service is purchased by PICNet and made available to the infection prevention & control community of practice in British Columbia who have registered for this professional development and educational service.



If you're in BC and not already signed up to receive notifications of upcoming Webber teleclasses, you can do so at www.picnet.ca/join (people outside of BC will have to ask their organization about subscribing to this service).

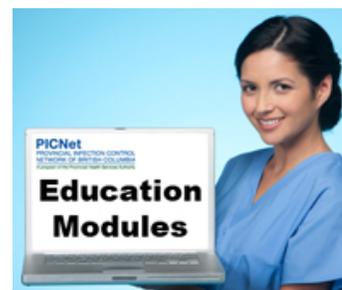
PICNet also has [archived recordings](#) available on the PICNet website, so you can listen to past classes.



Online Education Modules

Preparation: ●○○○○	Cost: None	Resources: Computer with internet access
------------------------------	----------------------	--

PICNet and its partner organizations have created several online education modules that you and your staff can use for free. They are accessible via the [PHSA Learning Hub](#). If you don't already have a LearningHub account, it's easy to [create one](#) (and you don't have to work for PHSA in order to use the LearningHub). The infection prevention and control modules are:



The **BC Infection Control and Hand Hygiene Module** was updated in May 2017, and now consists of two separate courses:

1. [Infection Prevention and Control Practices for Direct Clinical Care Providers](#) is appropriate for all health care professionals working directly with patients. This includes nurses, physiotherapists, physicians, care aides, laboratory technologists, and many other roles.
2. [Infection Prevention and Control Practices for Healthcare Providers Not Involved in Direct Clinical Care](#) is appropriate for all health care staff with whose roles typically do not entail direct contact with patients. This includes receptionists, pastoral care, interpreters, housekeeping, plant services / facilities management, kitchen staff and others.

Two new **Infection Control Precautions for Rare or Emerging Pathogens** education modules are now available on the PHSA LearningHub:

1. [Infection Control Precautions for Rare or Emerging Pathogens](#) is for Level 1 &2 facilities
2. [Infection Control Precautions for Rare or Emerging Pathogens \(PAPR\)](#) is for Level 3 facilities

Each health authority will communicate to its staff who should complete which module; please contact your supervisor if you have questions about this.

[Hand Hygiene Module](#)

Online training module covering hand hygiene basics. This can be used by any level of staff, including housekeeping, kitchen, and security.

[Protect Patti: Practicing Personal Protection](#)

Subject: key principles of occupational health and infection prevention and control, to help healthcare workers practice selecting personal protective equipment (PPE) in healthcare settings.
For: all healthcare providers.

[Prevention of Surgical Site Infections \(SSI\)](#)

Subject: practices that prevent the development of a surgical site infection. For: any healthcare provider who is employed in any type of peri-operative service, including home care.

[Workplace Audit Training for Infection Control Practitioners](#)

Subject: how to identify infection control and occupational health deficiencies, and resolve them.
For: all healthcare workers in acute care sites (although those who work in other areas would also benefit).

Central Venous Catheter (CVC) Care & Maintenance

Subject: management and prevention precautions as part of daily practice for CVCs. For: nursing staff and appropriate for all health care professionals who work with CVCs.

Central Venous Catheter (CVC) Insertion

Subject: theory and practice involved in preventing Central Line-Related Bloodstream Infection (CR-BSI) when inserting CVCs. For: all health care professionals who work with CVCs.

You can access the PHSA LearningHub at <https://learninghub.phsa.ca/>.

Video Message

This message can come from your CEO, Director of Care, head of infection control... or any infection control champion!

Preparation: ●●○○○	Cost: None	Resources: Script Video camera (or any camera that has video capability) Computer to play back the video
------------------------------	----------------------	--

Ask your speaker to give a short speech about International Infection Prevention Week and the importance of infection control in your facility.

Then, post the video on your facility's intranet, or burn it to DVD and play this as an introduction to any staff workshops. (And if this person is available to give the message in person, even better!)



Sample script:

"The third week in October is designated as International Infection Prevention Week. It is an opportunity for infection prevention control professionals across the world to teach healthcare workers and members of the community about the importance of infection prevention, and to promote it in a visible and fun way.

This year's theme (developed by the Association of Professionals in Infection Control) is **Protecting Patients Everywhere**.

Imagine a healthcare setting where everyone **cleans their hands before and after providing patient care** – no exceptions – or a community where everyone **coughs or sneezes into their elbow** rather than into their hand (which only spreads germs further).



The majority of infections could be prevented if everyone adopted these two simple practices.

International Infection Prevention Week is a great opportunity to remind your staff and colleagues of the importance of infection prevention and control, engage them in some fun activities that review best practices, and build a culture of infection prevention that can be sustained year round.

Together, we can prevent infections!"

Communications Toolkit

Following are communications tools you can use to promote **International Infection Prevention Week (IIPW)** and/or **National Infection Control Week (NICW)**. You can modify any of the following messages to best suit your organization.

Backgrounder



About International Infection Prevention Week

Established in the USA in 1986, Infection Prevention Week (IIPW) raises awareness of the role infection prevention plays to improve patient safety. Over the years, this week of recognition has expanded to Australia, the United Kingdom, the Middle East, and Southeast Asia.

The 2018 theme is Protecting Patients Everywhere.

You can find out more about IIPW at <http://professionals.site.apic.org/iipw/>.

About National Infection Control Week (Canada)

National Infection Control Week was launched by Infection Prevention and Control (IPAC)-Canada in 1989. It takes place every year in October; this year it is **October 15-19, 2018**. The purpose is to raise awareness and educate people about healthcare-associated infections and how to prevent them.

About PICNet

The Provincial Infection Control Network of British Columbia (PICNet) is a provincial program of the Provincial Health Services Authority (PHSA) that works to improve the prevention and control of healthcare-associated infections. PICNet's key areas are surveillance, guidelines, and education.

Infection Control Facts and Statistics

Every year, an estimated 8,000 Canadians die of healthcare-associated infections; many of these infections could be prevented through good infection control practices.

Hand Hygiene Facts and Statistics

Since 2011, the Provincial Hand Hygiene Working Group has been working with the BC Health Authorities to improve hand cleaning compliance. The provincial compliance rate is currently 83%. Congratulations on reaching the provincial target of 80%. Well done!

Key Messages

- International Infection Prevention Week is an international event that highlights the importance of infection control.
- Infection control is everyone's responsibility: staff, volunteers, visitors, patients, and residents... but staff must lead the way!
- International Infection Prevention Week is a great time to remind everyone about hand cleaning, flu shots, and other ways to protect themselves and their patients.
- PICNet has lots of resources to help plan your activities and train your staff.

About your organization

- Statement about your commitment to infection control
- Announcement of your infection control week activities

Newsletter Article

International Infection Prevention Week takes place October 14-20, 2018. The purpose of this week is to highlight the importance of infection prevention and control – particularly with flu season approaching!

There are many ways you can remind your staff, colleagues, students, and volunteers about infection prevention and control best practices: poster displays, workshops, online education modules, blog posts, and fun activities aimed at stirring up some creativity and enthusiasm!



At your organization, we will be your activities. You can find out more details about this on website, posters, staff room, etc..

This is a great time to brush up on hand hygiene, routine practices, additional precautions – and to make sure all your immunizations are up to date! We will have a flu shot clinic on date.

Looking for some more things to do during International Infection Prevention Week? You can get some great ideas from PICNet’s Infection Prevention Week Planning and Communications Toolkit; and there are also downloadable posters and games on the PICNet website.

Social Media Posts

*Note: the posts below are for **International Infection Prevention Week**; if you are promoting National Infection Control Week, you can simply replace the text and dates (NICW is Oct 15-19).*

- International Infection Prevention Week takes place October 14-20, and there are lots of tools to help you plan your activities! <https://picnet.ca/iipw>
- What are you doing for International Infection Prevention Week (October 14-20, 2018)? PICNet has lots of ideas and resources available at <https://picnet.ca/iipw>
- PICNet has a booklet to help you plan your International Infection Prevention Week activities: <https://picnet.ca/iipw>
- If you’re looking for a fun and easy way to train your staff in infection control, check out PICNet’s “Let’s Go Viral!” game kit! www.picnet.ca/letsgoviral.
- Are you and your staff trained in infection control? International Infection Prevention Week (October 14-20) is a great time to give your staff a refresher, and PICNet has online education modules: <http://s.picnet.ca/edmodules>
- PICNet’s guidelines and resources are used around the world; check them out for International Infection Prevention Week! <http://s.picnet.ca/icresources>



- International Infection Prevention Week is a great time to check that all your vaccinations are up-to-date. You can find the list of immunizations for healthcare workers here: <http://s.picnet.ca/immunization>
- Need some hand cleaning and infection control reminders in your workplace? PICNet has free, downloadable posters at <http://s.picnet.ca/posters>
- PICNet has downloadable brochures and info sheets on hand cleaning and how to stay healthy at work: <http://s.picnet.ca/brochures>
- International Infection Prevention Week is a great time to remind your staff about the importance of hand cleaning! <https://www.picnet.ca/guidelines/hand-hygiene/>

Tweets

- What are you doing for International Infection Prevention Week? Here are some great ideas: <https://picnet.ca/iipw>
- Let's Go Viral! is a fun game to educate your staff in infection control: www.picnet.ca/letsgoviral
- International Infection Prevention Week is Oct 15-21, 2017. Looking for ideas? PICNet has lots: <https://picnet.ca/iipw>
- Are your staff trained in infection control? Here are some fun ways to make sure they are: <https://picnet.ca/iipw>
- Flu season is almost upon us - time for a refresher in infection control! PICNet has lots of resources: <https://picnet.ca/iipw>
- PICNet offers free online training modules in infection control: <http://s.picnet.ca/edmodules>
- International Infection Prevention Week is a great time to check that all your vaccinations are up-to-date: <http://s.picnet.ca/immunize>
- PICNet has free, downloadable Infection Control posters at <http://s.picnet.ca/posters>
- Want to avoid colds and flus? Download a How To Stay Healthy At Work brochure: <http://s.picnet.ca/brochures>
- International Infection Prevention Week is a great time to remind your staff about the importance of hand cleaning!
- Watch some fun infection control videos at <http://s.picnet.ca/youtubevids>
- Have you ever seen an infection control flash mob? Check them out at <http://s.picnet.ca/flashmobs>
- It's easier than you think to create infection control messages that are short, powerful – and funny! Watch this one from Northern Health: <http://s.picnet.ca/NHfightvirus>
- Need posters for International Infection Prevention Week? PICNet has downloadable ones: <http://s.picnet.ca/posters>



More Web Resources



[IPAC-Canada](#) has lots of great planning resources for Infection Control Week.

[Public Health Ontario](#) has produced a great book of ideas for IC Week activities.

The [Association for Professionals in Infection Control and Epidemiology \(APIC\)](#) has many resources for International Infection Control Week on their website.

[Canadian Patient Safety Week](#) follows hot on the heels of International Infection Prevention Week... and this year's theme is infection control! See what other organizations across the country are doing... and roll your efforts into one!

Appendix: Hand Hygiene Song Lyrics

Toucha, Toucha, Touch me (from the Rocky Horror Picture Show)

Submitted by Lori Seeley, Royal Inland Hospital

I was feeling done in, couldn't win
When I hit the hospital door
This place will save me, ever one cares deeply
Now I learn of hidden dangers galore.

Now all I want to know is how you show
You are clean and germ free coming through the door
I can't put up resistance, but I want to stay the distance
I've got a bug I'm fighting, I need assistance

If you're gonna touch me, I don't want you to be dirty
Sharing germs could chill me or kill me
Creature of the blight.

Then if anything grows, I will know
You missed the hand wash routine
That's just one small fraction of the main attraction
You need clean hands before you take action

If you're gonna touch me, I don't want you to be dirty
Sharing germs could chill me or kill me
Creature of the blight.

I Will Sanitize (I will Survive – Gloria Gaynor)

Submitted by Janice LaPlante, Royal Inland Hospital

At first I was afraid I was contagious
Kept thinkin' that that would be outrageous!
But then I spent so many nights
Thinkin' how I could wash and scrub my palms
And I grew strong and I learned how to get along
And now you're back, invading my space
I just washed off and now you found me,
a germ upon my face
I should have used that sanitizer
I should have been a whole lot wiser
If I'd have known, you'd come back to bother me
Go on now go, get off my skin, Just wash off now
('cause) you're not welcome anymore
You were the one who tried to make me sick
with your dirty little tricks
You tried to transmit,
But did you think I'd lay down and die?
Oh no, not I.
I will sanitize
Oh as long as I know how to cleanse.
I've got all my life to live,
I've got all my love to give and I'll sanitize,
I will sanitize. Hey hey.

Wash your Hands for Me (Take a Chance on Me – ABBA)

Submitted by Anne Ross, Royal Inland Hospital

If you wash your hands, you're the first in line
Honey, you're germ free
Wash your hands for me.

If you need me, let me know, gonna be around.
If you've got no place to go, if you're feeling down
If you're all alone when the dirty hands are shown

Honey, I'm germ free
Take a chance on me
Gonna do my very best and it ain't no lie,
If you put me to the test, if you let me try

Wash your hands for me
(That's all I ask of you honey)
Wash your hands for me

Wash Wash Baby! (Ice Ice Baby - Vanilla Ice)

Submitted by Nadine Hall, Royal Inland Hospital

Yo, infection control, let's KICK IT!

Wash wash baby,
Wash wash baby,
Alright stop! The patient care and listen,
Germs are back with some brand new infections.
They will grab a hold of you tightly,
Keep you up coughin' daily and nightly.
Will it ever stop?
Yo, I hope so!
Don't wash your hands, and they'll grow,
To the extreme they're make you sick like pneumonia,
Run through your body when they jump up on ya!

Wash!
Fo' and after eatin your food.
And don't you forget, when you use the washroom!
Deadly!
When they invade they're not friendly!
They'll make your whole crew sick incredibly!
Wash it, or spread it,
You better kill germs!
You better wash well cause they'll make you squirm!
If there is a hiding place, yo, they'll find it!
So was up your hands and don't touch that doorknob!

Wash wash baby, you gotta
Wash wash baby, you gotta
Wash wash baby, you gotta
Wash wash baby!

Keep Your Germs to YOURSELF! (Keep your hands to yourself - Georgia Satellites)

Submitted by Joy Bjornberg RN

I got a little patient in my room, going jingle lingle ling,
Want infection control on the phone, the nurses give her a ring
But each time we talk I get the same old thing
Always no examin, no touchin until I get my hands clean!
No Dr.'s and nurses don't put your patients at risk, oh
She said don't give me no lines and keep your germs to yourself!

Oh infection control lady why you want to treat me this way
You know I still care for the patients each and ever-y day

That's when she told me a story 'bout spreadin those germs
She said no examin, no touchin, and she held that line firm!
Now Dr.'s and nurses don't put your patients at risk, oh
She said don't give me no lines and keep your germs to yourself!

You see I wanted to heal them real bad, and I was washin my hands
That's when started talkin, gel in, gel out, yea that's right.
I said, for my patients I'll do it, because I know it's right
She said no examin, no touchin, cuz that could be their life!
No Dr.'s and nurses don't put your patients at risk, oh
She said don't give me no lines and keep your germs to yourself!

These Hands (These Eyes - The Guess Who)

Submitted by Gillian Whelan, Interior Health

These eyes cry every night for you - These hands I wash all day long for you
These arms long to hold you again - These arms I'll scrub them too
The hurtin's on me yeah - The soap is on me yeah
But I will never be free no my baby, no no - So I will always be clean oh my baby oh oh
You gave a promise to me yeah and you broke it, you broke it. Oh, no.
I gave a promise to you and I'll keep it , I'll keep it oh yeah
These eyes watched you bring my world to an end- These fingers scrubbed rinsed and dried.
This heart could not accept and pretend- This girl cannot accept any less
The hurtin's on me yeah- The soap is on me yeah
But I will never be free no no no - And I will always be clean oh oh oh
You took the vow with me yeah- Take the clean vow with me yeah
You spoke it, you spoke it, babe- Lets scrub it, lets scrub it, babe

CHORUS:

These eyes are cryin- These hands I'm scrubbin
These eyes have seen a lot of loves- These hands have seen alot of germs
But they're never gonna see another one like I had with you- But there always gonna kill those ugly germs for you
These eyes are cryin- These hands are scrubbin
These eyes have seen a lot of loves - These hands hands have seen a lot of germs
But they're never gonna see another one like a I had with you- But they're always gonna kill those ugly germs for you.

We Are The Champions (Queen)

Submitted by Debbie Moores, Shuswap Lake Hospital

I've spread some germs
Time after time
I've done my part
And committed this crime.
Transmission by touch

I've done this too
But I've had the chance to change my ways
And I've come through

For I am the champion over germs
And I'll keep on fighting them on my terms,
I am a champion,
I am a champion,
Solution by dilution
Cause I am the champion over germs.

Don't be a bum,
Wash off the scum;
Make a clean scene
Practice good hygiene.
Give soap a chance'
Some scrubbing too;
Try spreading protection instead of infection
The whole day through.

For we'll be the champions over germs,
And we'll keep on fighting them on our terms;
We are the champions,
We are the champions,
Solution by dilution
Cause we are the Champions over germs.

Safety Hands (Safety Dance - Men Without Hats)

S-A-F-E-T-Y
Safe... hands!

We can wash when we want to
We can leave those germs behind
Cause your friends don't wash and if they don't wash
Well they're no friends of mine

We can clean when we need to
A place where germs will never find
And our hands won't transmit, cause those bugs have been hit
Now those germs are sanitized
Yes, we can wash!

I say, we can wash, we can clean
Celebrate infection control
We can wash, we can rinse
We're doing it from room to room

We can scrub, we can rub
Everybody look at your hands
We can wash, we can clean
Everywhere it's hand hygiene-e-e-ene

What is Soap? (What is Love? – Haddaway)

Submitted by Justine Elliot, Interior Health

What is Soap?
Oh germs, don't hurt me
Don't hurt me no more
Oh, Germs don't hurt me
Don't hurt me no more

What is Soap? Yeah

Oh, I don't know why your so bubbly
I give you my hands, and you start your disinfection
killing harmful bacteria and preventing infection

What is Soap
Oh Germs, don't hurt me
Don't hurt me no more
What is Soap
Oh Germs, don't hurt me
Don't hurt me no more

Whoa whoa whoa, oooh oooh
Whoa whoa whoa, oooh oooh

Hey Flu (Hey Jude, The Beatles)

Submitted by Anne Dorval, Royal Inland Hospital

Hey flu, don't make it bad
I'm a sad sack, under the weather,
Remember, inoculate from the start,
And do my part to make it better.

Hey flu, don't be a plague,
There was vaccine, but didn't get 'er
Why didn't, I let it under my skin,
I might begin, to now feel better.

And you can bet that I'm in pain,
So sick, again,
I should have had vaccine in my shoulder,

And now I feel like such a fool,
I'm hot, Then cool,
I feel like I've been hit by a boulder.

Na na na na na na na na na

Hey flu, you got me down
How I wish I'd rolled up my sweater,
And now I
will pass you on to my friends,
It never ends
And they'll all get 'er.

I'll sweat it out, and I'll stay in
To my chagrin,
I'll wait till I'm no longer infectious,
And don't you know I'm feeling blue
Hey flu, you do,
make me the most miserable of wretches.

Na na na na na na na na na.....

Hey flu, you make it bad,
I'm a sad sack, under the weather,
Next year with the flu shot under my skin,
I can begin, to make it better, better, better, better, better, better ohhhh!

Na na na na na na na na na.....
Hey flu.....

Hey Staff (Hey Jude, The Beatles)

Submitted by Sarah Farmer, Royal Inland Hospital

Hey staff, don't make it bad.
Do your hand wash and make it better.
Remember the four moments of hand hygiene,
Then you can start to make it better.

Hey Staff, don't be afraid.
You were made to protect your patient.
The minute you stop and clean up your hands,
Then you begin to make it better.

And anytime you feel the pain, hey staff, refrain,
Don't carry the world upon your shoulders.

For well you know that it's a fool who plays it cool
By keeping his gloves on after procedures.

Hey Staff, don't let me down.
You have found Avagard, now go and get it.
Remember to put it onto your hands,
Then you can start to make it better.

So let it out and let it in, hey Staff, begin,
We're waiting for you to set an example .
And don't you know that it's not just you, hey Staff, but you'll do,
The moment you model the right hygiene behaviour.

Hey Staff, don't make it bad.
Do your hand wash and make it better.
Remember the four moments of hand hygiene,
Then you can start to make it better.

Better better better better better better, oh!

Na na na na na ,na na na, hey Staff...

Feelin' Groovy (Simon and Garfunkel)

Slow Down, you wash too fast,
Gotta Make the cleaning last
Scrubbing up and down your hand
Gotta be clean and feelin' groovy

Hello bugs there, watcha knowing
I've come to wash to keep you from growin'
Ain't got no time for you
Gotta be clean and feelin' groovy

Ba da da da da da da, clean and groovy

Wash my hands please! (Call Me Maybe – Carly Rae Jepsen)

Submitted by Amy Bhullar, Royal Inland Hospital

You came to visit ER
Diarrhea attends
We sent it off for C-Diff
Isolate me Please!

Please prevent needle sticks
We don't want a near miss

Take the sharps off the tray
Don't want them in the way!

Gloves, gown, mask if coughing
Does the patient need isolating?
Isolation precautions to the rescue
Protection against body fluids that spew!

Flu seasons fast approaching
Cover your mouth when sneezing
Stay home if feeling unwell
Please use the hand sanitizing gel!

Hey I just touched that!
And that is dirty..
And just remind me
To wash my hands please!

Its easy to stay clean
Follow appropriate precautions
and just remind me
To wash my hands please!

Hey I just touched that!
And that is dirty..
But just remind me
To wash my hands please!

I Have MRSA (Call Me Maybe – Carly Rae Jepsen)

Submitted by The Infection Prevention Department, Bayhealth Medical Center

I threw a wish in the well,
Don't ask me, I'll never tell
I looked to you as it fell,
And now you wash your hands

We are infection prevention,
We break the chain of infection
I was looking for soap,
The germs will have no hope.

With the Water goin',
C. diff, on the run and
Hand gel, hands-not-gellin'
How often are you washin', baby?

Hey I just met you
And I have MRSA
But I wash my hands
So it won't curse ya'

It's hard to see if,
Your hands are clean
But I wash my hands
So they won't curse ya'

Hey I just met you
And I have MRSA
But I wash my hands
So it won't curse ya'

And all the other staff
Do the same
So wash your hands,
it's not a game.

Nobody's perfect at all,
Just keep your nails real small,
You're in it for the long-haul
Infection ends today

I wash, I rinse, and I dry,
Hand gel I often apply,
Don't worry I do not lie,
Infection can be sly.

With the Water goin',
C. diff, on the run and
Hand gel, hands-not-gellin'
How often are you washin', baby?

Hey I just met you
And I have MRSA
But I wash my hands
So it won't curse ya'

It's hard to see if,
Your hands are clean
But I wash my hands
So they won't curse ya'

Hey I just met you
And I have MRSA
But I wash my hands
So it won't curse ya'

It's hard to see if,
Your hands are clean
But I wash my hands
So they won't curse ya'

Before I came into your room,
My hands were so clean
My hands were so clean
My hands were so, so clean

Before I came into your room,
My hands were so clean
My hands were so clean
My hands were so, so clean

It's hard to see if,
Your hands are clean
But I wash my hands
So they won't curse ya'

Hey I just met you
And I have MRSA
But I wash my hands
So they won't curse ya'

It's hard to see if,
Your hands are clean
But I wash my hands
So they won't curse ya'

Before I came into your room,
My hands were so clean
My hands were so clean
My hands were so, so clean

Before I came into your room,
My hands were so clean
And you should know that

I have MRSA.

Beatles Medley

Danny Zambilowicz and Toby Krell, St. Joseph's General Hospital

Help (to the tune of "Help")

Help- to clean your body, help- not just any body, help- to disinfect yourself - help!
When you come in a room you wanna wash your hands
Take off your rings and watch except for simple bands.
Make sure your nails are short and no nail art displayed
and keep the polish off to stop MRSA.

Chorus

Wash Up every time and you will feeeeel
so much cleaner as you stop c-Difficile.
Cough into your elbow pub lic ly
Won't you please, act responsibly?

If you can't wash your hands then use handrub instead
Make sure you use it every time you near the bed
When work is done and you are walking out the door
make sure you take the time to use a little more.

Chorus

Wash Up every time and you will feeeeel
so much cleaner as you stop c-difficile.
Cough into your elbow you should do
to avoid spreading the flu.

Put on your gloves each time before you do a task
And if you hear a cough, be sure to wear a mask.
But take your gloves off just as soon as you are done
Which keeps your skin intact and soft for everyone.

Chorus

Wash Up every time and you will feeeeel
so much cleaner as you stop c-difficile.
Cough into your elbow you should do
to avoid spreading the flu, the flu, the fluuuu.

Germs (to the tune of "Chains" - very early Beatles song)

Germs, you know your body's wrapped up in germs
And they aint the kind that you can see
Whoa, those dirty nasty germs got a hold of me, yeah

Gloves, you got yourself all covered in gloves
And too much wear will wreck your skin
So doff those gloves when care is done, and you will win, yeah

Please believe me when I tell you
That I like your derm
And I'd sure like to touch it
But I cant 'til you take off all of those....

Watches, I cant break free from watches you see
Can't do patient care, cos I'm bugggeee
Whoa, oh, those watches hold bad germs that stay with me, yeah

(Modulate up)

Nails: nail art is really destined to fail
Get the fake ones off, and the polish too
You've got to keep your hands well rubbed to disinfect you, yeah

I really wanna tell you,
you can read a file
But to wipe out those nasty germs,
Don't be stuck by your old style

Rub, rub those hands before patient care
And before a dressing, or an IV too
and after body fluid exposure, that's the thing to do, yeah

Antibiotic Stewardship Song (to the tune of "Yesterday")

Yesterday, all those bad germs seemed so far away
Now it looks as though they're here to stay
Oh I believe: hand hygiene way.

Suddenly, antibiotics aren't what they used to be
There's diseases hanging over me,
the need to clean came suddenly

Why drug sensitivity had to go
pharmaceuticals didn't say
Now the germs are strong
And I long for yesterday

Yesterday, cure was such an easy game to play
Now we need someplace to hide away
Oh I believe in yesterday

Why bacteria had to grow
I don't know; drugs aren't okay
We did something wrong
Now we long for yesterday

Yesterday, drug therapy was an easy game to play
but we over used and now we pay
Oh, I believe in yesterday.

Provincial Infection Control Network of BC (PICNet)

1001 West Broadway, Suite 504

Vancouver, BC V6H 4B1

Tel: 604-875-4844 x 22985

Fax: 604-875-4373

Website: www.picnet.ca

Email: picnet@phsa.ca