

Fall fashion: know how to accessorize!

*It's flu season, so many patients are coughing and sneezing.
Make sure you're properly protected!*



Face mask must fully cover the nose.
Eye protection goes over the mask.



Mask is not properly covering the nose.
Glasses are not adequate eye protection!

Infections such as colds and flus get into you via your mucous membranes, so protect your mouth, nose, and eyes if there is a risk of infectious droplets spraying into your face.

Infection

Control

Week



Northern Health - Flu Shot Video



Royal Inland Hospital, Kamloops



Heritage Village RCAL, Chilliwack - Hand Hygiene Video



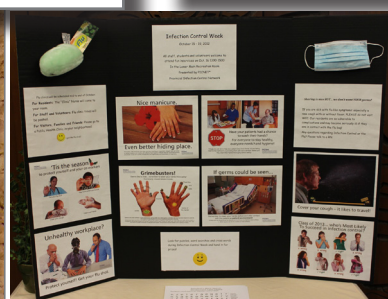
PICNet workshop at Pinegrove Place



Guess the number of bugs



Count the bugs!



Poster Display



She has MRSA... why is she out of her room?

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MRSA is only spread by contact, and patients are not prisoners in their rooms.
Good hand hygiene can prevent the spread of MRSA!

Vaccines can't make you sick!

They contain a dead or weakened form of the virus.



If you feel tired and achy after having a vaccination, this is a good sign; your body is working to produce the antibodies that will protect you.

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Use PPE based on risk assessment

Feeding a patient



No gloves required

Pushing a wheelchair



No gloves required

Helping patient use the bathroom



Gloves

Dressing a small wound



Gloves

Patient has a fever and is coughing



Gloves



(consider) Gown



Mask



Eye protection

Intubating a patient



For routine practices, ask yourself:

- Is there a risk of splashing?
- Is there a risk of droplets spraying into my face?
- Will my clothing get soiled?
- Is there a risk of contact with blood or bodily fluids?

Always clean your hands before **and** after glove use.

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'Tis the season of giving...

and some people like to give germs.

It's okay to remind people to cover their coughs and sneezes, stay home when they're sick, and be extra germ-aware at this time of year. No-one wants to be sick over the holidays!

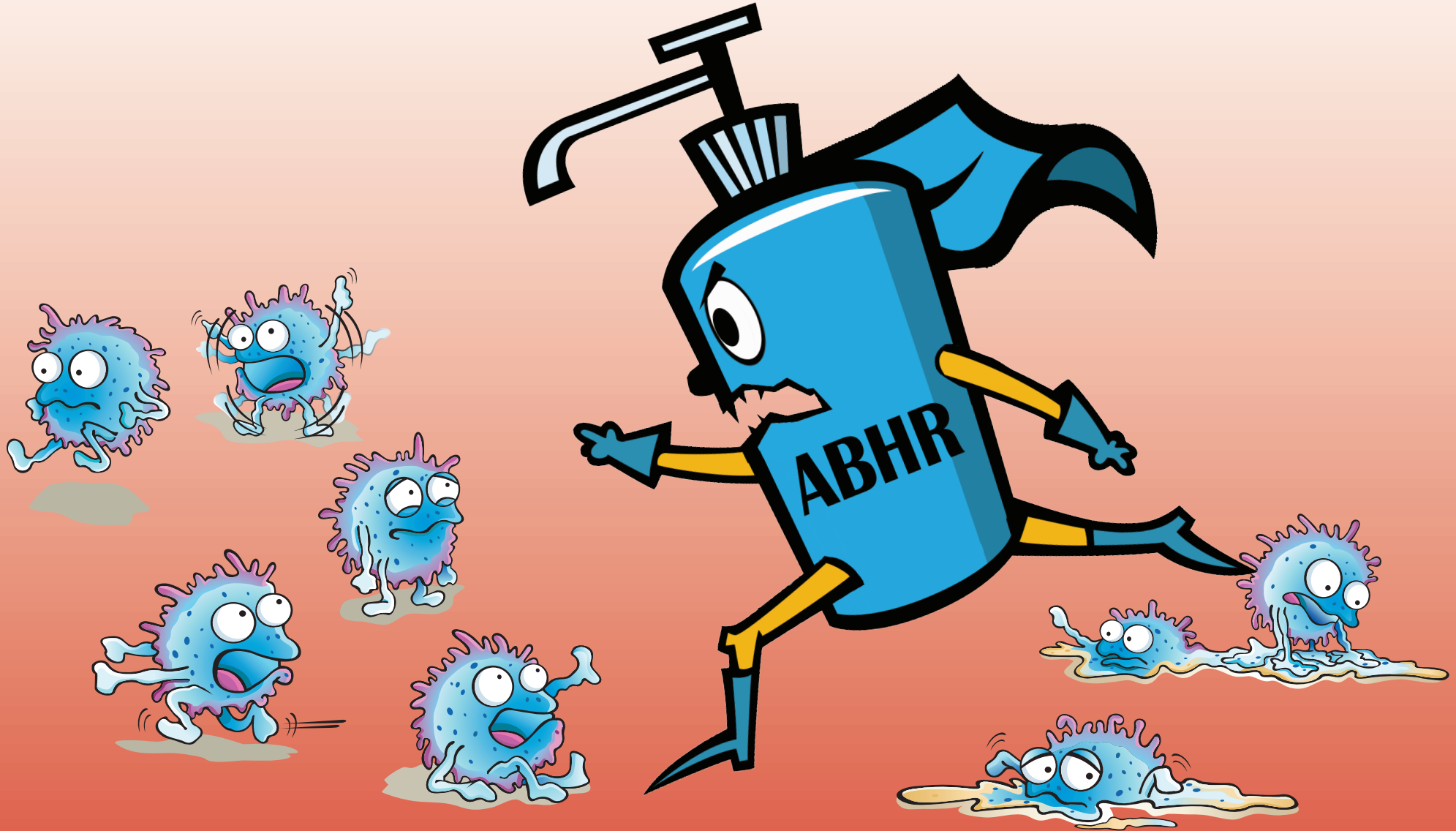


Glove 'em and leave 'em



Housekeeping must change their gloves and clean their hands between cleaning each patient bed space. Have they been made aware of this?

Resistance is futile!



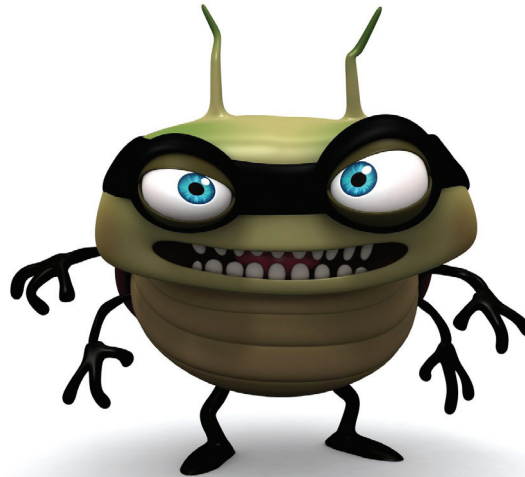
Alcohol-based hand rub (ABHR) does **not** make germs more resistant.
Alcohol works by drying germs out, and they cannot build resistance to this.
Sanitizer is safe and effective; you cannot over-use it!

Meet the neighbours.

They're living all around you!



Influenza



Norovirus



C. difficile



MRSA



Rotavirus



VRE

Patient Hand Hygiene



You know he's going to eat with his hands...
has he cleaned them?

Does it take a superhero to fight a "superbug"?



No - because there's nothing super about MRSA or C.diff!

They can't fly through the air to infect people. In some instances[†] gowns and gloves may be needed, but the most important way to prevent their spread is good hand hygiene. Clean your hands well and clean them often!

[†] e.g. acute care hospitals, situations where your clothes could become contaminated

Why do we wear PPE in a hospital but not at home?



PPE protects healthcare workers and helps prevent the transfer of germs from one patient to another. In a hospital, patients are particularly vulnerable to infection; they share close space with each other, and are cared for by healthcare workers who go from patient to patient. At home, these factors no longer exist.